

## INSIDE THIS ISSUE

District Contacts  
Letters from...  
The Superintendent  
Director of Curriculum & Instruction  
Principal  
New ACS Staff / Welcome Wall  
Instructional Calendar  
Safety  
Central Registrar  
Special Education / Counseling  
Attendance Policy  
Transportation  
Health Information  
Cafeteria & Food Service  
Auditorium Etiquette / Music  
1:1 Technology Initiative  
Makerspace  
PBIS  
DASA  
Library  
National Junior Honor Society  
FFA News  
ACS Sports / Booster Club / PACE  
ACS Spirit Day & Senior Night  
ACS Activities  
School Calendar



# ALEXANDRIA CENTRAL SCHOOL DISTRICT

*Newsletter & Calendar 2018—2019*

## *Alma Mater*

*Let's join in song to the school that we love*

*She stands in her glory all others above*

*She hopes for the victory*

*With courage she'll fight*

*Let's hold a torch for the Purple and White*

Please visit us online at  
[www.alexandriacentral.org](http://www.alexandriacentral.org)

Check us out on Twitter at  
[@ACSDghosts](https://twitter.com/ACSDghosts)

### **Alexandria Central**

34 Bolton Ave.  
Alexandria, NY 13607 Phone:  
315-482-9971

Fall 2018—Summer 2019  
Volume 1, Issue 1

# Alexandria Central District Contact Information

## **District Office**

315-482-9971

Christopher Clapper, Superintendent of Schools

Amy St. Croix, Director of Curriculum & Instruction

Kylie Morgia, UPK-12th Grade Principal

Jared Plantz, Dean of Students

Brianne Kirchoff, Business Manager

## **Athletic Office**

Jared Plantz, Coordinator of Athletics

## **Building & Grounds**

Darin Trickey, Head Custodian

## **Transportation**

Roderick Tidd, Director of Transportation

Delmar Lambert, Head Mechanic

## **Central Registrar**

Amber Hagan

## **Food Service**

Anne Remmington, Food Service Manager

## **Nurse**

Pat Hunneyman

## **School Counselors**

Patricia Wagoner

Kevin Durr

## **School Psychologists**

Pam Monica

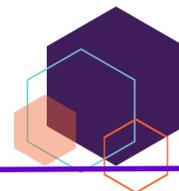
Andrea Miller

Anita James

## **Technology**

Rob Wagoner, Network Administrator

## From the Desk of the Superintendent Christopher Clapper



I'd like to welcome new and returning families to the Alexandria School District. Our staff has had a busy summer preparing for the 2018-2019 school year, giving both a physical and curricular makeover to ACS while maintaining a welcoming and nurturing environment for our students. This newsletter contains a variety of informative articles, forms, and event dates, including a district calendar. Please be certain to check for updated information on our website at [www.alexandriacentral.org](http://www.alexandriacentral.org)

In the August Board of Education meeting, I discussed district goals for the current academic year. These goals incorporate accountability measurements for all staff in order to determine both accomplishments and areas in which the district needs to devote additional resources. Those goals are:

- To improve student engagement
- To increase small group instruction with the classroom
- To use data to drive instruction and targeted interventions
- To increase communication between school and home

Improving student engagement can take many forms. At ACS, this effort will begin by giving all students a Chromebook to use for classroom and homework activities. This one-to-one initiative was completed the first week of school. ACS will then focus on providing professional development for staff in order to move classroom activities to google classroom, a virtual classroom experience. Through google classroom we're able to engage students while providing opportunities to enhance existing curriculum through the process of collaboration. Learning is meant to be a social and collaborative process.

Small group cooperative learning helps students to achieve better results and adds value to whole-group and individual work. This year at ACS, staff will increase the use of small group instruction from Kindergarten through twelfth grade. This may include the use of assistive technology that enhances existing curriculum, but may also involve project based learning, flipped classroom or a variety of contemporary small group learning styles.

This year ACS will focus on early literacy and math skills. A response to intervention (RTI) team will focus on literacy and math interventions in kindergarten through third grade. RTI providers will focus on specific skills that are taught initially by classroom teachers by providing push-in interventions within the classroom to help all students master skills.

Finally, we will continue our goal to increase communication between school and home. School messenger will remain the districts primary broadcasting tool, but we hope to help faculty and families build sustainable bonds between the classroom and home. This could take the form of ongoing emails, phone calls, remind-me apps, google classroom and more. We look forward to continuing our efforts at clear, consistent communication.

We appreciate your continued support of students, programs, and the school community. Thank you for making ACS a wonderful place, we look forward to much success this academic year!

## Amy St. Croix ~ Curriculum and Instruction

Student success and growth has always been a focus at Alexandria Central School. When I began my principal ship of PreK-6, in 2013, we worked hard to implement Common Core Standards and provide our students with rigorous instruction. However, the field of Education never remains stagnant, as society evolves and State and Federal mandates evolve and change, it is essential that we provide professional development, in order for our staff to be lifelong learners and bring the most efficient and effective teaching strategies into the classroom. With the evolution of the field of Education, NYS and Federal mandates and regulations have not only become abundant, but required to receive State and Federal funding for students

We are now involved in the implementation of the Next Generation Standards, still maintaining rigor, but looking at the value of play in education, student engagement, and college or career ready graduates. It is imperative that the graduates of Alexandria Central School exit with the same opportunities to begin their adult lives, as graduates of other districts across our country.

In my new roles as the Director of Curriculum and Instruction, I will have the opportunity to support and assist teachers in making student growth and success a priority, as we provide a comprehensive curriculum for all students. I most look forward to classroom visits and collaborating with individual staff members, in order to focus on student engagement, the integration of technology, and education initiatives, in order to provide the best learning experiences for our students, far beyond their years at Alexandria Central. I am enthusiastic about being able to provide the management and completion of all NYS reporting and requirements for Alexandria Central, as well as additional grant writing opportunities, which will allow for increased funding to support the improvement of student achievement, in regard to the whole child.

I am beyond elated to have the opportunity to work with educators, students, and families of ACS, in my new role as Director of Curriculum and Instruction. It is a very exciting time in the field of education, as the educators of ACS work diligent for our students' success.

Truly Yours in Education,  
Amy St. Croix  
Director of Curriculum and Instruction



# Kylie Morgia, Principal

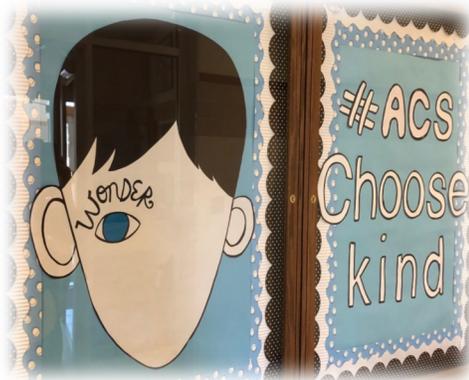
---



Fall is a season of reflection, mindfulness, and growth. Throughout the month of September and October, we have worked hard to settle into routines of both teaching and learning. We have come together to build scholars, teach kindness and develop good citizenship skills. Our students from Pre-K to 12th grade have been busy learning classroom expectations and academic rigor. At the beginning of the year, our district was fortunate to develop a partnership with a non-profit organization known as Campus Impressions. This group of talented and passionate individuals spent time with both our students and staff to bring awareness to the power of forgiveness and compassion. The personal impact they left on so many of our students and staff members was profound. The lessons they taught and the awareness they brought still echoes among the walls of ACS. In teaming with Campus Impressions, the district has adopted the theme of kindness and acceptance. From the book *Wonder*, we praise students for their courage and recognize them for their ability to stand out and do the right thing. We like to believe that no good deed or quality goes unnoticed. This year students are recognized for their acts of kindness by having their name and badge placed on our "Wonder Wall". So if you are walking through the halls of ACS, please check out the "Wonder Wall" in both the Elementary and High School.

During the last couple of months, our staff and students have been busy learning new things and building new programs. As a district initiative, we have adopted a 1:1 technology program. With more technology in the classroom and with students having their own device, classrooms have become interactive and learning has taken on a different look. Students in Pre-K through 2nd grade are developing their reading and math skills through various educational applications on Apple iPads. Students in 3rd through 12th grade are completing assignments on Google classroom, reviewing content with games like Quizlet and Kahoot, and creating live documents to share with their teacher or collaborate with their peers. The classrooms are interactive and engaging while students are developing their 21st century learning skills. Students are participating in STEM challenges and engaging in new technology opportunities through the Makerspace.

Students have also been participating in some enrichment activities to build awareness. During fire prevention week, the Alexandria Bay Fire Department brought members of the department and many trucks to the school to teach our students about fire safety. The kids truly enjoyed listening to the men and women as well as touring the trucks. This year Mrs. Remington and Mr. Diange went to each elementary classroom and gave an apple to every student in recognition of "National Apple Day" on October 21st. We had a pumpkin patch, scarecrow contest, and many Halloween parties. Speaking of parties, we have enjoyed celebrating every student's birthday in the district Pre-K through 12th grade. We will continue to teach and engage each student, model and acknowledge good character and kindness, and celebrate great things around our community and school.



*“Courage. Kindness. Friendship. Character. These are the qualities that define us as human beings, and propel us, on occasion, to greatness.” -R.J. Palacio*

# Welcome New Staff!

## Renee Besaw—5th & 6th Grade

Hello families,  
My name is Renee Besaw and I am ecstatic to be a part of the ACS family; teaching Grade 5 and 6 Social Studies!

I am originally from Gouverneur, New York, however, I recently moved to Alexandria Bay this summer. I am a huge sports enthusiast and will be sharing my passion of athletics with a new generation, as I will be coaching the girls modified soccer program this fall. I graduated from SUNY Potsdam in December 2017 with my Masters in Education and recently finished my certification in Special Education this summer through SUNY Potsdam.

During my student-teaching course work, I completed a 10-week rotation at Alexandria Central and immediately felt at "home" with the staff, students, and community. I look forward to being part of the ACS community, full of wonderful educators; as well as the Alexandria community itself.



## Sarah Branch - First Grade

Hi! My name is Sarah Branch and I am so excited to be teaching at ACS this year!

I graduated from SUNY Potsdam with a degree in Childhood/Early Childhood Education and a specialization in English in December 2017. This will be my first year teaching and I am very excited to be spending it in first grade!

I am from Old Forge, and I have always enjoyed spending time outdoors; snowmobiling, hiking, swimming, anything! I have two brothers - my older brother is working on his PhD from Syracuse University and he has recently completed the police academy, and my younger brother is a junior in college studying to become a teacher! A few of my favorite things include reading, dogs, arts & crafts, and spending time with family.

First grade is full of exploration, learning, and fun.



## Ryan Case - High School Science

My name is Ryan Case, and I'm very excited to enter my second year of teaching as the new science teacher.

I grew up in Rochester, New York and graduated from The College at Brockport in 2017 with a Bachelor's in Chemistry. Last year I completed my first year of teaching in the North Syracuse Central School District. I love working with kids and getting them excited about learning about the natural world. My goal is to provide them with a safe environment to build their confidence in order to learn as much as they can and be the best they can be.

When I am not teaching I enjoy spending time with my fiancé in our new Watertown apartment, watching films, running, and biking. I look forward to becoming more involved to the community as I get to know our students and their families.



## Kody Bleam - High School Math

I have lived in Clayton my entire life, I graduated from Thousand Islands High School in 2013 and started out as a business major at JCC before transferring to Syracuse University and finally graduating with my bachelor's degree in math in January 2017 from SUNY Potsdam. Since then I have spent the last year and a half substitute teaching at Thousand Islands Central with long term jobs in English and Spanish.

In my free time I enjoy playing golf and going to Syracuse football/basketball games. I also have coached football, golf and am going to coach varsity volleyball at TI this upcoming winter.



## Matt Greene—Agriculture Teacher

Hi! My name is Matt Greene and I am proud to be the new Agriculture Teacher and FFA Advisor at Alexandria Central. I grew up in Adams, NY on my family's 80 cow dairy farm. My family has lived and farmed on our land for around 200 years. Currently I live on our family farm with my wife and three daughters. We make maple syrup and are in the beginning of starting a small beef operation.

I graduated from Belleville Henderson Central School, where I took four years of agriculture and was a member of the FFA program. Some of my fondest FFA memories were-meeting new friends, competing in contests, and visiting a variety of different places. My FFA Advisor meant a lot to me and I know that I would not be where I am today without him. After high school, I attended Cornell University where I received a Bachelor's Degree in Agriculture. I later received a Master's Degree from SUNY Oswego in Agricultural Education.

I worked at Cornell Cooperative Extension of Jefferson County for 14 years where I served as 4-H Animal Science Educator and later on Camp Manager at 4-H Camp Wabasso. For the past two and a half years, I have worked at Jefferson Lewis BOCES in Watertown as a member of the Pre-Tech Academy Team.



# Welcome New Staff!

## Brittany Starczewski—Teaching Assistant

Hello, my name is Brittany Starczewski! I am a new Teacher's Assistant this year. I am thrilled to be working with such an amazing staff and wonderful students here at ACS.



I was born and raised in Utica, NY and grew up on the St. Lawrence River. I graduated from SUNY Cortland with a bachelor's degree in Speech Pathology and Audiology and received a Master's degree in Reading from the University of South Florida. In my free time I love being on the River, hiking, crafting and reading. I am excited for a wonderful school year!

## Anita James—School Psychologist

My name is Anita James and I am very happy to be serving the students of Alexandria Central this school year as a School Psychologist. I have experiences in education including teaching fifth and first grade, serving as a School Psychologist and most recently I retired as an Elementary Principal.



I will be working two days per week (Tuesday/ Thursday) offering counseling services (individual / group) to students. My goal is to support your child in his/her learning at school. This may include assistance in academic skills and/or social skills.

## Marah Clarke—Teaching Assistant

My name is Marah Clarke and I am a new teaching assistant. I was born and raised in Alexandria Bay and graduated from ACS in 2009. Most of my favorite childhood memories come from this building.



I attended college at the Fashion Institute of Technology in Manhattan. I graduated in May 2013 with my Bachelor's degree in Advertising and Marketing Communications. After college, I spent a few years traveling with my now husband, who coaches minor professional hockey. This summer we decided to make Alexandria Bay our permanent home after the birth of our son, Bennett. In the summer, I like to go boating on the beautiful St. Lawrence River. I spend my winters in ice rinks watching hockey and figure skating.

Having subbed at ACS for several years, I couldn't be more excited to be on board full time. I have always been a part of the ACS family and hope the students leave this school with the same great memories that I have!

## Andrea Miller—School Psychologist

I would like to take this opportunity to introduce myself. My name is Andrea Miller and I will be working as a school psychologist for the Alexandria Bay Central School District for the 2018-2019 school year, two days a week. As a school psychologist, I will have the opportunity to provide assistance to students, parents and teachers and hopefully enhance students' abilities to learn and teachers' abilities to teach.



I have worked in education for over 40 years and have had the opportunity to work as a teacher, guidance counselor, school psychologist, CSE/CPSE Chairperson, principal, and most recently as an assistant superintendent. I am looking forward to working with the students, staff, parents and community members in this district to create a safe, healthy, and supportive learning environment. I feel very fortunate to be a member of this school community.



## WELCOME TO ACS

Each September, a WELCOME WALL is created where photographs of all new students and staff are displayed. It is a great way to recognize new faces in our ACS family. Class pictures are taken for grades UPK and kindergarten, and then individual pictures for all other new students. Returning students are selected to serve as "buddies" to help our new students navigate a new school and to help them make new friends. The Welcome Wall is on the board across from the ACS library.



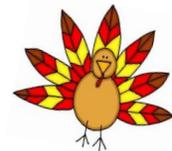
New 5th grader Avery Schwandner is welcomed by buddy Bianca Scott.



3rd grader Hailey Law and her buddy Rayne McAloon ~ Mrs. Kahr's class



Connor Galey welcomes Kane Speechley with buddy Joey Gizzey ~ Mr. Hudon's 2nd grade class



Jax Savage welcomes Logan Jones ~ Mrs. Ball's 1st grade class



Morning UPK class with Mrs. Bearup and Miss Duclon



Afternoon UPK class with Mrs. Bearup and Miss Duclon

# Alexandria Central School 2018-2019 Calendar

**July**

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

**August**

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

**September**

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

**October**

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

**November**

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

**December**

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

**School Day Tally**

Aug	2	
Sept	19	Feb
Oct	22	March
Nov	18	April
Dec	15	May
Jan.	18	June
	<b>186 days</b>	

August	
29	Superintendents Conference Day
30	Superintendents Conference Day Open House 4-6 pm
September	
3	Labor Day
4	School Opens
October	
8	Columbus Day
9	Superintendents Conference Day
November	
2	Parent Teacher Conferences-(12:15-3:15) Half day for students
5	Parent Teacher Conferences (12-7 pm)-No School for students -Late Teacher Arrival
12	Veteran's Day Observed
21-23	Thanksgiving Holiday
December	
24-31	Christmas Holiday
January	
1-4	Christmas Holiday
21	Martin Luther King Day
22-25	Regents Exams
February	
18	Winter Recess (President's Day)
19-22	Winter Recess
March	
15	Parent Teacher Conferences as requested from 12:15-3:15- Half day for students
April	
15-18	Spring Recess
19	Good Friday
22	Easter Monday
May	
13	Regional Scoring Day
27	Memorial Day
June	
3	Regents Day
18-25	Regents Days
26	Rating Day
26	Anticipated Last Day of School

**January**

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

**February**

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

**March**

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

**April**

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

**May**

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

**June**

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

15  
21  
16  
22  
18

**NOTE:** If additional days must be used for emergency closings, the first day taken will be April 19, April 18, then 17, 16, etc. In the event of long term emergency closings, the Board of Education reserves which makeup days will be used from any scheduled recess periods and/or holidays, consistent with any language that may exist in district labor agreements.

## Main Entrance Safety Enhancements

This summer Alexandria CSD added a few features to the main entrance to help ensure we can safely allow visitor access to our building. Additionally, we added a new staff member, Terry Brennan, as the face of Alexandria Central. Terry monitors access to the building throughout the school day, we couldn't ask for a more welcoming addition to our staff!

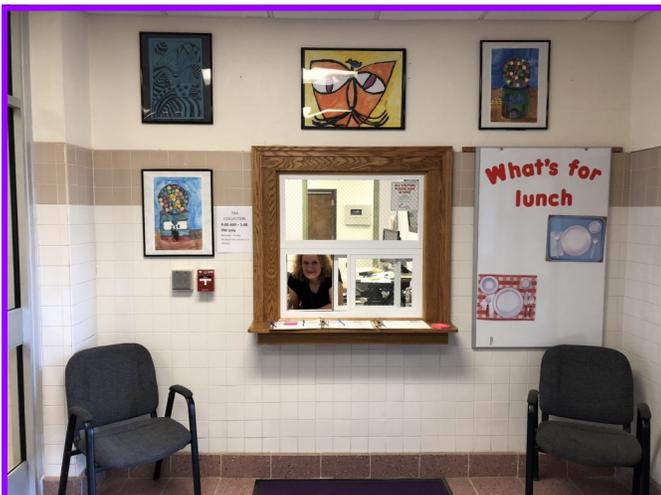
One newly added safety feature is a glass entryway that will allow visitors into the building to sign in. Any guest entering the building will be remotely buzzed into our entryway where they will go through a formal sign-in process, are given a individualized hall pass, and then gain access to their appointment within the building. This double entry allows us to maintain safety for students while providing a warm, welcoming lobby for visitors to sign in. The lobby now has comfortable seating for guests and is a place we show off our students' artwork! Come to take a look!

Another safety feature is our new visitor management system, raptor. Upon signing in, visitors will be asked to show photo identification. Upon scanning, identification is quickly checked against state and national databases, and a unique visitor badge is printed.

We thank you for your continued understanding and support. Although our sign-in process, at times, may cause some inconvenience, we will continue to do all that we can to maintain a safe, welcoming learning environment for our staff and students.



Raptor—new visitor management system



## CENTRAL REGISTRATION INFORMATION

Welcome to Alexandria Central School! We are now using a Central Registration Desk for all new students entering our district. To schedule an appointment to register please call Mrs. Hagan at 482-9971, ext. 2031. The new student enrollment packet may be found on our website, [www.alexandriacentral.org](http://www.alexandriacentral.org) under the **Students & Parents** tab. You may print and complete the forms prior to coming to the school.

The following documentation will be required along with the enrollment packet:

- Proof of age (Birth certificate or passport)
- Proof of Immunizations
- Evidence of Custody (Court order, if applicable)
- Special Education Records, if applicable
- Copy of last physical your student had, if within the last 12 months

Upon completion of this initial process, you will be given a final registration appointment with your student's principal and counselor to discuss any questions and for scheduling purposes.

We look forward to meeting you and your family as you join our ACS school community!



### Universal Pre-Kindergarten Openings at ACS

There are still openings available for the Pre-K class for this school year. If your child will be 4 years old by December 1, 2018, he/she is eligible. ACS offers two half-day sessions. The openings are available for the PM class, which starts at Noon and ends at 3:07pm.

For more information, contact Mrs. Hagan at 315 482-9971 ext. 2031.



### Special Education Information

We are happy to begin another year at Alexandria Central School. We have been working hard in the special education department to find more ways to help all of our children learn effectively and to be successful. In keeping with that, we are pleased to report that we have started several Integrated Co-Teaching models in our classrooms this year. Members of our staff have attended workshops and continue to have ongoing educational planning and training in order to include more students in the general education setting with their peers. Since we did not know if implementing this model would come to fruition while we were making annual plans last winter and spring, many of you are receiving amendment notices to the Individualized Education Programs (IEP's) for your children. Our emphasis this year with integrated co-teaching will be at the 3rd through 9th grade levels, but we also have several other inclusive supports taking place, such as consultant teacher services or have classes where general education teachers, teaching assistants, and aides provide additional support to our students identified with educational disabilities.

We are also scheduling annual review meetings for all children in our District, ages 3-21. These meetings will begin in January 2019 and run through the spring months. You will receive written notification when your child's meeting will be taking place as well as a draft document (when available) and a follow up telephone call. It is important that you attend whenever possible to help with planning for your child's school program.

Please feel free to contact me at any time with any questions or concerns with regard to your child's program and any special education services or accommodations that are needed. I can be reached at (315) 482-9971 ext. 1600.

I am looking forward to another exciting year and working with you and your children!

Pamela Monica, CPSE/CSE Chairperson, 504 Compliance Officer/School Psychologist



## High School Counseling News

Submitted by Kevin Durr, 9-12 School Counselor



Welcome back to an exciting school year! As I look back at last year's graduating class, there are some wonderful statistics to share: 33 of our 34 students earned a Regents Diploma, 10 of which earned the Regents Diploma with Advanced Designation. We had three students earn Mastery in Science (having an 85 or higher on three Science Regents Exams) and 7 students who earned a Technical Endorsement from BOCES. I am also happy to report that students in the class of 2018 earned over \$36,600 in scholarships from local organizations and over \$77,000 combined for their first year of college, as awarded by the institutions that they will be attending. This is quite an accomplishment, and I am very proud of our ACS students and families!

My office is located upstairs in room 307 and I may be reached by email at [kdurr@acsghosts.org](mailto:kdurr@acsghosts.org) or by phone at (315)482-9971, x3070.

I have some important information to share with each grade level, starting with seniors:

### **College Bound Seniors:**

Now is the time to narrow your list of colleges that you are interested in applying to. All applications can be found on the web, with all SUNY schools being found on [www.suny.edu/student](http://www.suny.edu/student) and Common Application being [www.commonapp.org](http://www.commonapp.org). If you are still somewhat undecided about a college, visit the campus! Many colleges have Open House programs that include detailed information about the campus, and provide a campus tour. Review the following:

- Does this college have an application fee to apply? If so, how much is it?
- Does this college require an admissions exam like the SAT or ACT? If so, do I still need to take one of these exams? When is the deadline to register? Seniors who want to take or retake one of these exams must do so no later than the December test date. The deadline to register for this exam is in early November!
- Does this college require letters of recommendation? If so, how many? Who should I ask to write me a letter of recommendation?
- Does this college require an essay to be considered for admission?
- Some colleges do require essays so that they can get to know more about a student. The essay topic is usually a general question related to the students' interests, goals, or significant life experiences.
- What is the deadline to apply to this college?
- Should I apply early decision or early action? Early Decision is a binding early application program for all fall freshmen and can only be used for one college choice only- preferably the top choice college. Early action is a non-binding early application program for all fall freshmen. Early action does not require students to withdraw their applications from other institutions if they are accepted.

### **Scholarships:**

All seniors will receive the "Alexandria Central School Scholarship Packet" during the Senior Interview. This packet contains useful information about the numerous state and national scholarships that are available to students who apply. There are also many websites that contain comprehensive information about scholarships and financial aid. Some websites recommended include:

[www.fastweb.com](http://www.fastweb.com)  
[www.petersons.com](http://www.petersons.com)

[www.hesc.com](http://www.hesc.com)  
[www.collegeboard.com](http://www.collegeboard.com)

There are thousands of dollars available to interested students! The key is **applying** for these scholarships in a timely manner. Keep in mind that most scholarship applications will require letters of recommendation, and an essay. See Mr. Durr for more information or visit our website, where all scholarships are available for downloading!

**SAT \* Test Date: March 9, 2019 register by February 8**

[www.collegeboard.com](http://www.collegeboard.com)

*\* Fee waivers are available for students in the free or reduced lunch program. Registration is best done online.*

Mr. Durr's Counseling News continued...

### **Time Frame for Senior Year**

**November 1 – December 15**

**Request teacher recommendation  
Finish personal essay  
Update resume  
Complete college applications**

**January 1 – February 15**

**Update FAFSA with tax info  
Apply for scholarships**

**March 15 – April 15**

**Acceptance letters arrive**

**May 1**

**Choose your college & send deposit**

**\* Community colleges accept throughout the year, and require no specific timeline**

### **Juniors:**

**What should college bound juniors be doing in terms of post-graduation plans?**

- Start your college search! Think about your abilities, preferences, and personal qualities. Think about what you may want to study in college. What are your favorite/strongest subjects in high school? Research majors and careers! Check out the following websites: [www.collegeboard.com](http://www.collegeboard.com), [www.hesc.org](http://www.hesc.org), [www.nycareerzone.com](http://www.nycareerzone.com).
- Register for the SAT or the ACT in the spring. Registration materials are available in the Counseling office, or students may register online at [www.collegeboard.com](http://www.collegeboard.com) or [www.actstudent.org](http://www.actstudent.org)
- Review your junior and senior year classes with your school counselor. Schedule yourself for challenging classes.
- Visit colleges of interest over this year and speak to college representatives that are visiting the school - check our website for the latest information.
- Enrich yourself and enhance your personal resume by getting involved! Be active in extracurricular activities at school, volunteer your time for a community organization, and get an interesting job or internship.

### **Sophomores:**

**What should college bound sophomores be doing in terms of post-graduation plans?**

- Start your college search! Think about your abilities, preferences, and personal qualities. Think about what you may want to study in college. What are your favorite/strongest subjects in high school? Research majors and careers! Check out the following websites: [www.collegeboard.com](http://www.collegeboard.com), [www.hesc.org](http://www.hesc.org),
- Enrich yourself and enhance your personal resume by getting involved! Be active in extracurricular activities at school, volunteer your time for a community organization, and get an interesting job or internship.

### **Freshmen:**

- Making this year a positive one is key for your success throughout high school. Get involved! Join a club or athletic team.
- Having a difficult time adjusting to the rigors of high school? Please see Mr. Durr about meeting with a peer tutor out of your study hall time. Starting in October, peer tutoring will be available.
- Doing well in school? Offer your time as a student tutor or teacher/office aide! Students earn .25 credits for their efforts.

# New York State Graduation Requirements

## SUBJECTS

### REQUIRED SUBJECTS – Regents Diploma

English	4	units
Social Studies	4	units
Mathematics	3	units
Science	3	units
Health	½	unit
Physical Education	2	units
Art or Music	1	unit
Foreign Language	1	unit
Other Electives	3 ½	units
	22	Total

SCIENCE – Two (2) units must consist of:

- (1) Living Environment
- (1) Physical Setting Science

### ADDITIONAL REQUIRED SUBJECTS – Regents Diploma with Advanced Designation

Foreign Language 3 units \*



## EXAMS

### REQUIRED EXAMS – Regents Diploma

(Must Pass with a 65 or Higher)

English  
Algebra  
Global Studies Regents  
US History Regents  
Living Environment Regents

or

Physical Setting Science Regents

### ADDITIONAL REQUIRED EXAMS –Regents Diploma with Advanced Designation

Geometry  
Algebra 2  
Living Environment Regents  
Earth Science Regents  
-or- another Physical Science Regents  
Spanish or French Regents \*

Vocational Education Students –  
Must take Career/Financial Mgmt

\* Foreign Language and sequence may be waived for Vocational Education concentration, and students with a documented disability in language.

\*\* Students who average 90% and above on Regents Exams will be candidates for a Regents or Regents with Advanced Designation with Honor

\*\*\* A local diploma may be awarded to students with disabilities that qualify for the low pass option, which allows passing their regents with a score of 55-64.

## Closing School Under Emergency Conditions

When weather conditions or other emergency situations dictate, we may cancel or delay school if school has not already begun. Also, we may close school if the school day has already started. Please make sure that your information on School Tool is updated as you will receive an automated voice call from the school to notify you of delays, closings, or early dismissals.

Therefore, we urge parents to be aware that emergency cancellations or closing announcements are made via local radio and television stations. The following radio and television stations, and internet websites carry announcements of Alexandria Central emergency closings:

### Radio

Froggy FM 97.5, The Border-106.7

### Television

WWNY-TV—Channel 7 Watertown, WWTI-TV-Channel 50 Watertown

### Websites

alexandriacentral.org, wwnytv.com, myabc50.com, spectrumlocalnews.com



When the district announces a delay, this means that buses will be dispatched starting one or two hours later. Parents should be aware that any other en route delays can make the bus later yet. Further, when school is forced to close early, and your child needs to go to another person's home for temporary care, **you must have the information on file with the office.** Finally, parents should remember that north country winters can be severe. It is important that students dress appropriately in case of delays or emergencies en route. Guideline: 1)warm jacket or coat 2)hat 3)mittens or gloves 4)boots 5)slacks or leg warmers for girls.

**Also, if Alexandria Central is on a delay, there will be no morning vocational runs or morning Pre-K.**

# E-cigarettes/Vaping

## What is it?

- It's a battery-operated device designed to deliver nicotine with flavorings and other chemicals to users in vapor instead of smoke.
- They can look like a traditional cigarette or an everyday item such as a pen or a USB flash drive that can even be charged by plugging it into a laptop computer.

## So what?

- E-cigarettes are often promoted as a safer alternative to traditional cigarettes, but little is known about the health risks associated with them.
- Testing of some E-cigarette products have found the vapor to contain some known carcinogens.
- E-cigarette cartridges can be filled with other substances besides nicotine, including drugs like marijuana or marijuana oil. The vapor exhaled does not smell different for these substances, unlike traditional smoking methods.

## How does this affect youth?

- E-cigarettes are increasingly popular with youth, including those of middle school age.
- They are easily available to youth through the internet.
- Some cartridges have different flavors, such as chocolate, mint, or fruit flavors, which are very appealing to youth.
- According to the Surgeon General, some studies show that non-smoking youth who use E-cigarettes are more likely to try conventional cigarettes in the future than non-smoking youth who do not use E-cigarettes.

For more information, please contact:

Kendra Eberle, Student Assistance Counselor (315) 482-9971

x3350 Pivot (315) 788-4660

<https://e-cigarettes.surgeongeneral.gov>

## Freshmen Attend Beaver Camp

On Thursday, September 6, 2018, the Freshman class at Alexandria Central School had the opportunity to participate in the 10<sup>th</sup> annual Class Advance. This Advance took place at Beaver Camp in Lowville, NY, and included a full day of Challenge Course activities. The students were able to participate in low element activities that focused on team building skills in the morning and high element activities that were more individual in nature in the afternoon. The day wrapped up with dinner that included students cooking hot dogs over an open fire. Although these activities were fun, the main goals of the day were to encourage interaction with all the members of their groups and improve cooperation skills with their peers. Additionally, this trip was designed to help transition these students into high school, which is a big step in their lives. Students and teachers enjoyed the day.



Students left to right: Tyler Hulec, Brock Hunter, and Ashlee Ferency



Madison Savage

## Perfect Regents Score!

Alexandria Central School is proud to acknowledge the students who received a grade of 100 on a New York State Regents examination during the 2017-2018 school year. Kelsey Cullen and Claudia Stone both received a score of 100 on the Common Core English Examination. Congratulations on a job well done!



left to right:  
Kelsey Cullen, Claudia Stone

# Counseling News & Ghosts Snaps



DAR Good Citizen - Pictured is Gabrielle Connor, who was selected by Alexandria Central School's Secondary faculty as this year's Daughters of the American Revolution Good Citizen. Gabrielle was selected as being the senior student most representative of the qualities of Dependability, Service, Leadership, and Patriotism. Gabrielle will be honored at the Jefferson County Historical Society with other students who were selected by their respective schools.

## Wendy's High School Heisman

Pictured are Chet Sourwine, Kelsey Cullen, Emma Lynch and Gabrielle Connor, who were selected as Alexandria Central School's High School Heisman scholarship participants.



We celebrate Birthdays at ACS!



## ATTENDANCE POLICY

Regular attendance is essential to the learning process. If you are not legitimately ill or have another valid excuse, you are expected to be at school on time each day. A student must be in attendance and have attendance noted 85% of the time that class is scheduled in order to earn seat time required for course completion. Parents/Guardians will be notified by our automated system if their student is absent. After twenty class absences in a full-year course (and ten absences in a half-year course), a student along with the parent will be advised in writing by the teacher that the student is in jeopardy of not successfully completing the course.

After twenty-seven class absences (fourteen class absences in half-year courses), such students along with their parents will be notified in writing by the principal that they may not be eligible to take the final examination. Any student who is absent more than twenty-seven days from a class in which the final examination is a state-scheduled Regents test may be dropped from the official class list. The building principal, with the appropriate recommendations from the classroom teacher, will specify what will be necessary for the student to do to be eligible for admittance to the final examination. The student and parent shall be notified by the principal whether the student will be eligible to be admitted to the final examination.

- **Absences:** If a student is absent from school, the parent should receive a telephone call from the automated system. If you feel this is an error, please contact the Main Office. **Upon their return, it is required that they present a written and signed excuse for each absence indicating the reason for absence. A student participating in after school activities, such as sporting events, musical events, field trips, may not miss more than two periods of school on the day of the event to be eligible to participate that day. Exceptions may be made by the building principal, for students presenting with a doctor's note.** If a student misses two or more periods, they are no longer eligible for perfect attendance. (See the Alexandria Central Attendance Policy)
- **Homework:** If a student is absent, he/she should make every effort to get their assignments from a classmate and keep up on the work. Homework may also be requested if a student is going to be out for more than two days. To request homework you may call the high school secretary. Assignments may be picked up in the office after 2:30 p.m. Repeated failure to complete these assignments, or have them picked up may result in future requests not being honored. Students are responsible for making up missed work. Failure to complete work, regardless of the reason for the absence, will result in an "incomplete" on the report card.
- **Tardies:** Students arriving at school after the 8:10 am homeroom bell are considered tardy and must report to the Main Office to sign in.  
Our tardy policy for classes is as follows:
  - **FIRST TARDY:** Teacher provides a warning to the student
  - **SECOND TARDY:** Teacher informs the student of their second infraction. The teacher will contact the parent either by phone or email to address the problem.
  - **THIRD TARDY:** Teacher informs the student of their third infraction and that they will serve a lunch detention.
  - **FOURTH TARDY:** The Teacher informs the student of their fourth infraction and that they will serve a lunch detention **AND** an after school detention.
  - **FIFTH TARDY:** This sheet is brought to the office. The student will have a conference with the Principal and the Parent.
- **Excused:** Students who are to be excused during the school day for a legitimate reason must bring a note from home to the high school office before homeroom indicating the time and reason and a parent/guardian must sign them out at the main office. Students are responsible for missed work. Missed assignments should be requested in advance.
- **Moving:** Please notify the Main Office and/or Counseling Office of a new address or telephone number. If a student is moving out of the district, a records release form must be secured. Return all school owned books to respective teachers, return all library books, and clean out lockers.
- **List of Legal/Excused, Illegal/Unexcused, and Suspended Absences**
  - **Legal/Excused:** School sponsored and/or approved classes, trips, assemblies, and other school events. Illness, illness or death in the family, religious observance, quarantine, required court appearance, college or school visit, funerals, necessary medical appointments, and military obligations.
  - **Illegal/Unexcused:** Any absence or tardiness without a written excuse from the parent. Truancy, vacation, family trips and visits, babysitting, obtaining permits, hair appointments, avoidable medical appointments, non-school sponsored sporting events, shopping, etc.
  - **Suspension:** An absence from class(es) due to a school-imposed disciplinary suspension is a special type of absence termed "suspension."

## Transportation Department - Mr. Rod Tidd

- Transportation to and from school must be done in a safe and orderly environment. Students are expected to maintain this environment by limiting distractions to the driver and following all state and federal safety regulations. All school rules apply while students are riding on school buses. Riding is a privilege that may be revoked upon violation of school rules or safety regulations.
- The Transportation Department assigns each eligible student a bus route and a pick up time/location. These are not to be changed unless prior coordination is made with the transportation department as routes are configured for safe student load capacities. Parents of elementary students are expected to be present when the child arrives home or have a responsible adult present when a child arrives home. The adult needs to meet the child at the stop or be clearly visible in the home when the bus arrives.
- The district recognizes that on occasion a child may have to go to a location other than their regular destination in the afternoon. We ask that a detailed written note be sent to school with the child when a parent is requesting a child ride to a different location; an email or fax is also acceptable. The request needs to include specific information including a contact person, phone number, the address where the child will be dropped off, and the date. When the request is received by the office, the child will be provided with a bus pass. For safety and accuracy in this process we ask that you abide by these rules:
  1. Bus pass requests must be received by 1:00pm.
  2. Bus pass requests must be in the form of a written note, email, or faxed.
  3. No phone calls for bus passes will be permitted unless the situation is deemed an emergency by the principal.
- Students should not consume food or drinks while riding on school buses. This is to limit the possibilities of a variety of health and safety hazards. Students are expected to remain in their seats **with their seatbelts fastened at all times**. This limits distractions to the driver and will limit the possibility of falling as a result of bus movements. Students shall not block the center aisle with feet, equipment or personal belongings.

**Please don't pass a stopped school bus!**

**It's against the law.**

**It could result in serious fines.**

**It could result in a license suspension.**

**It could result in something much, much worse.**



## Student Walkers

When a parent is requesting that an elementary student walks to a different location other than their home, a written note, email or fax is required. The request needs to include specific information including a contact person, phone number, the date, and the address where the child will be walking to. For safety and accuracy in this process we ask that you abide by these rules:

1. Requests must be received by 1:00pm.
2. Requests must be in the form of a written note, email, or faxed.
3. No phone calls will be permitted unless the situation is deemed an emergency by the principal.



**Welcome New Bus Driver :**  
**Lisa Willix!**



For the  
2018-19  
School Year

# Parents:

All kids entering **7<sup>th</sup>, 8<sup>th</sup>, 9<sup>th</sup>** and **12<sup>th</sup>** grades must have the **meningococcal vaccine**.

**Without it, they can't start school.**

## About the Vaccine:

- It's not a new vaccine. It's been recommended for a decade.
- Most parents already choose to vaccinate their children.
- The meningococcal vaccine has been **required** for school entry since Sept. 1, 2016.

## About Meningococcal Disease:

- It causes **bacterial meningitis** and other serious diseases.
- Teens and young adults are at greater risk.
- It comes on quickly and without warning.
- Its symptoms are similar to the flu.
- Every case of this disease can result in death or long-term disability.

**Check with your doctor. Even kids who have had a shot before may need a booster to start school.**

To learn more, visit  
[health.ny.gov/immunize](http://health.ny.gov/immunize)

**Immunization is Protection.**



Department  
of Health

# 2018-19 School Year New York State Immunization Requirements for School Entrance/Attendance<sup>1</sup>

**NOTES:**  
Children in a prekindergarten setting should be age-appropriately immunized. The number of doses depends on the schedule recommended by the Advisory Committee on Immunization Practices (ACIP). For grades pre-k through 10, intervals between doses of vaccine should be in accordance with the ACIP-recommended immunization schedule for persons 0 through 18 years of age. (Exception: intervals between doses of polio vaccine DO NOT need to be reviewed for grades 5, 11 and 12.) Doses received before the minimum age or intervals are not valid and do not count toward the number of doses listed below. Intervals between doses of vaccine DO NOT need to be reviewed for grades 11 and 12. See footnotes for specific information for each vaccine. Children who are enrolling in grade-less classes should meet the immunization requirements of the grades for which they are age equivalent.

**Dose requirements MUST be read with the footnotes of this schedule.**

Vaccines	Prekindergarten (Day Care, Head Start, Nursery or Pre-k)	Kindergarten and Grades 1, 2, 3 and 4	Grade 5	Grades 6, 7, 8, 9 and 10	Grades 11 and 12
<b>Diphtheria and Tetanus toxoid-containing vaccine and Pertussis vaccine (DTaP/DTP/Tdap/Td)<sup>2</sup></b>	<b>4 doses</b>	<b>5 doses or 4 doses</b> if the 4th dose was received at 4 years or older or <b>3 doses</b> if 7 years or older and the series was started at 1 year or older		<b>3 doses</b>	
<b>Tetanus and Diphtheria toxoid-containing vaccine and Pertussis vaccine booster (Tdap)<sup>3</sup></b>	<b>Not applicable</b>			<b>1 dose</b>	
<b>Polio vaccine (IPV/OPV)<sup>4</sup></b>	<b>3 doses</b>	<b>4 doses or 3 doses</b> if the 3rd dose was received at 4 years or older	<b>3 doses</b>	<b>4 doses or 3 doses</b> if the 3rd dose was received at 4 years or older	<b>3 doses</b>
<b>Measles, Mumps and Rubella vaccine (MMR)<sup>5</sup></b>	<b>1 dose</b>	<b>2 doses</b>			
<b>Hepatitis B vaccine<sup>6</sup></b>	<b>3 doses</b>	<b>3 doses or 2 doses</b> of adult hepatitis B vaccine (Recombivax) for children who received the doses at least 4 months apart between the ages of 11 through 15 years			
<b>Varicella (Chickenpox) vaccine<sup>7</sup></b>	<b>1 dose</b>	<b>2 doses</b>	<b>1 dose</b>	<b>2 doses</b>	<b>1 dose</b>
<b>Meningococcal conjugate vaccine (MenACWY)<sup>8</sup></b>	<b>Not applicable</b>			<b>Grades 7, 8 and 9: 1 dose</b>	<b>Grade 12: 2 doses or 1 dose</b> if the dose was received at 16 years or older
<b>Haemophilus influenzae type b conjugate vaccine (Hib)<sup>9</sup></b>	<b>1 to 4 doses</b>	<b>Not applicable</b>			
<b>Pneumococcal Conjugate vaccine (PCV)<sup>10</sup></b>	<b>1 to 4 doses</b>	<b>Not applicable</b>			

1. Demonstrated serologic evidence of measles, mumps, rubella, hepatitis B, varicella or polio (for all three serotypes) antibodies is acceptable proof of immunity to these diseases. Diagnosis by a physician, physician assistant or nurse practitioner that a child has had varicella disease is acceptable proof of immunity to varicella.
2. Diphtheria and tetanus toxoids and acellular pertussis (DTaP) vaccine. (Minimum age: 6 weeks)
  - a. Children starting the series on time should receive a 5-dose series of DTaP vaccine at 2 months, 4 months, 6 months and at 15 through 18 months and at 4 years or older. The fourth dose may be received as early as age 12 months, provided at least 6 months have elapsed since the third dose. However, the fourth dose of DTaP need not be repeated if it was administered at least 4 months after the third dose of DTaP. The final dose in the series must be received on or after the fourth birthday.
  - b. If the fourth dose of DTaP was administered at 4 years or older, the fifth (booster) dose of DTaP vaccine is not required.
  - c. For children born before 1/1/2005, only immunity to diphtheria is required and doses of DT and Td can meet this requirement.
  - d. Children 7 years and older who are not fully immunized with the childhood DTaP vaccine series should receive Tdap vaccine as the first dose in the catch-up series; if additional doses are needed, use Td vaccine. If the first dose was received before their first birthday, then 4 doses are required, as long as the final dose was received at 4 years or older. If the first dose was received on or after the first birthday, then 3 doses are required, as long as the final dose was received at 4 years or older. A Tdap vaccine (or incorrectly administered DTaP vaccine) received at 7 years or older will meet the 6th grade Tdap requirement.
3. Tetanus and diphtheria toxoids and acellular pertussis (Tdap) vaccine. (Minimum age: 7 years)
  - a. Students 11 years or older entering grades 6 through 12 are required to have one dose of Tdap. A dose received at 7 years or older will meet this requirement.
  - b. Students who are 10 years old in grade 6 and who have not yet received a Tdap vaccine are in compliance until they turn 11 years old.
4. Inactivated polio vaccine (IPV) or oral polio vaccine (OPV). (Minimum age: 6 weeks)
  - a. Children starting the series on time should receive a series of IPV at 2 months, 4 months and at 6 through 18 months, and at 4 years or older. The final dose in the series must be received on or after the fourth birthday and at least 6 months after the previous dose.
  - b. For students who received their fourth dose before age 4 and prior to August 7, 2010, 4 doses separated by at least 4 weeks is sufficient.
  - c. If the third dose of polio vaccine was received at 4 years or older and at least 6 months after the previous dose, the fourth dose of polio vaccine is not required.
  - d. Intervals between the doses of polio vaccine do not need to be reviewed for grades 5, 11 and 12 in the 2018-19 school year.
  - e. If both OPV and IPV were administered as part of a series, the total number of doses and intervals between doses is the same as that recommended for the U.S. IPV schedule. If only OPV was administered, and all doses were given before age 4 years, 1 dose of IPV should be given at 4 years or older and at least 6 months after the last OPV dose.
5. Measles, mumps, and rubella (MMR) vaccine. (Minimum age: 12 months)
  - a. The first dose of MMR vaccine must have been received on or after the first birthday. The second dose must have been received at least 28 days (4 weeks) after the first dose to be considered valid.
  - b. Measles: One dose is required for prekindergarten. Two doses are required for grades kindergarten through 12.
  - c. Mumps: One dose is required for prekindergarten and grades 11 and 12. Two doses are required for grades kindergarten through 10.
  - d. Rubella: At least one dose is required for all grades (prekindergarten through 12).
6. Hepatitis B vaccine
  - a. Dose 1 may be given at birth or anytime thereafter. Dose 2 must be given at least 4 weeks (28 days) after dose 1. Dose 3 must be at least 8 weeks after dose 2 AND at least 16 weeks after dose 1 AND no earlier than age 24 weeks.
  - b. Two doses of adult hepatitis B vaccine (Recombivax) received at least 4 months apart at age 11 through 15 years will meet the requirement.
7. Varicella (chickenpox) vaccine. (Minimum age: 12 months)
  - a. The first dose of varicella vaccine must have been received on or after the first birthday. The second dose must have been received at least 28 days (4 weeks) after the first dose to be considered valid.
  - b. For children younger than 13 years, the recommended minimum interval between doses is 3 months (if the second dose was administered at least 4 weeks after the first dose, it can be accepted as valid); for persons 13 years and older, the minimum interval between doses is 4 weeks.
8. Meningococcal conjugate ACWY vaccine. (Minimum age: 6 weeks)
  - a. One dose of meningococcal conjugate vaccine (Menactra or Menveo) is required for students entering grades 7, 8 and 9.
  - b. For students in grade 12, if the first dose of meningococcal conjugate vaccine was received at 16 years or older, the second (booster) dose is not required.
  - c. The second dose must have been received at 16 years or older. The minimum interval between doses is 8 weeks.
9. Haemophilus influenzae type b (Hib) conjugate vaccine. (Minimum age: 6 weeks)
  - a. Children starting the series on time should receive Hib vaccine at 2 months, 4 months, 6 months and at 12 through 15 months. Children older than 15 months must get caught up according to the ACIP catch-up schedule. The final dose must be received on or after 12 months.
  - b. If 2 doses of vaccine were received before age 12 months, only 3 doses are required with dose 3 at 12 through 15 months and at least 8 weeks after dose 2.
  - c. If dose 1 was received at age 12 through 14 months, only 2 doses are required with dose 2 at least 8 weeks after dose 1.
  - d. If dose 1 was received at 15 months or older, only 1 dose is required.
  - e. Hib vaccine is not required for children 5 years or older.
10. Pneumococcal conjugate vaccine (PCV). (Minimum age: 6 weeks)
  - a. Children starting the series on time should receive PCV vaccine at 2 months, 4 months, 6 months and at 12 through 15 months. Children older than 15 months must get caught up according to the ACIP catch-up schedule. The final dose must be received on or after 12 months.
  - b. Unvaccinated children ages 7 through 11 months of age are required to receive 2 doses, at least 4 weeks apart, followed by a third dose at 12 through 15 months.
  - c. Unvaccinated children ages 12 through 23 months are required to receive 2 doses of vaccine at least 8 weeks apart.
  - d. If one dose of vaccine was received at 24 months or older, no further doses are required.
  - e. For further information, refer to the PCV chart available in the School Survey Instruction Booklet at: [www.health.ny.gov/prevention/immunization/schools](http://www.health.ny.gov/prevention/immunization/schools)

For further information, contact:

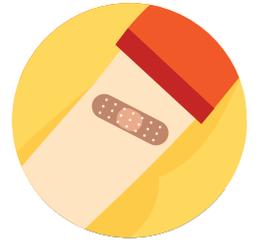
**New York State Department of Health  
Bureau of Immunization  
Room 649, Corning Tower ESP  
Albany, NY 12237  
(518) 473-4437**

**New York City Department of Health and Mental Hygiene  
Program Support Unit, Bureau of Immunization,  
42-09 28th Street, 5th floor  
Long Island City, NY 11101  
(347) 396-2433**



# The Flu:

## A Guide for Parents



Influenza (also known as flu) is a contagious respiratory illness caused by influenza viruses that infect the nose, throat and lungs. Flu is different from a cold, and usually comes on suddenly. Each year flu viruses cause millions of illnesses, hundreds of thousands of hospital stays and thousands or tens of thousands of deaths in the United States.

Flu can be very dangerous for children. CDC estimates that between 6,000 and 26,000 children younger than 5 years have been hospitalized each year in the United States because of influenza. The flu vaccine is safe and helps protect children from flu.

## What parents should know

### How serious is flu?

While flu illness can vary from mild to severe, children often need medical care because of flu. Children younger than 5 years and children of any age with certain long-term health problems are at high risk of flu complications like pneumonia, bronchitis, sinus and ear infections. Some health problems that are known to make children more vulnerable to flu include asthma, diabetes and disorders of the brain or nervous system.

### How does flu spread?

Flu viruses are thought to spread mainly by droplets made when someone with flu coughs, sneezes or talks. These droplets can land in the mouths or noses of people nearby. A person also can get flu by touching something that has flu virus on it and then touching their mouth, eyes, or nose.

### What are flu symptoms?

Flu symptoms can include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, feeling tired and sometimes vomiting and diarrhea (more common in children than adults). Some people with the flu will not have a fever.



## Protect your child

### How can I protect my child from flu?

The first and best way to protect against flu is to get a yearly flu vaccine for yourself and your child.

- Flu vaccination is recommended for everyone 6 months and older every year. Flu shots and nasal spray flu vaccines are both options for vaccination.
- It's especially important that young children and children with certain long-term health problems get vaccinated.
- Caregivers of children at high risk of flu complications should get a flu vaccine. (Babies younger than 6 months are at high risk for serious flu complications, but too young to get a flu vaccine.)
- Pregnant women should get a flu vaccine to protect themselves and their baby from flu. Research shows that flu vaccination protects the baby from flu for several months after birth.
- Flu viruses are constantly changing and so flu vaccines are updated often to protect against the flu viruses that research indicates are most likely to cause illness during the upcoming flu season.

### Is flu vaccine safe?

Flu vaccines are made using strict safety and production measures. Millions of people have safely received flu vaccines for decades. Flu shots and nasal spray flu vaccines are both options for vaccination. Different types of flu vaccines are licensed for different ages. Each person should get one that is appropriate for their age. CDC and the American Academy of Pediatrics recommend an annual flu vaccine for all children 6 months and older.

### What are the benefits of getting a flu vaccine?

- **A flu vaccine can keep you and your child from getting sick.** When vaccine viruses and circulating viruses are matched, flu vaccination has been shown to reduce the risk of getting sick with flu by about half.
- **Flu vaccines can keep your child from being hospitalized from flu.** One recent study showed that flu vaccine reduced children's risk of flu-related pediatric intensive care unit admission by 74%.

- **Flu vaccine can prevent your child from dying from flu.**  
A study using data from recent flu seasons found that flu vaccine reduced the risk of flu-associated death by half among children with high risk medical conditions and by nearly two-thirds among children without medical conditions.
- **Flu vaccination also may make your illness milder if you do get sick.**
- **Getting yourself and your child vaccinated also can protect others** who may be more vulnerable to serious flu illness, like babies and young children, older people, and people with certain long-term health problems.

## What are some other ways I can protect my child against flu?

In addition to getting a flu vaccine, you and your child should take everyday actions to help prevent the spread of germs.

Stay away from people who are sick as much as possible to keep from getting sick yourself. If you or your child are sick, avoid others as much as possible to keep from infecting them. Also, remember to regularly cover your coughs and sneezes, wash your hands often, avoid touching your eyes, nose and mouth, and clean surfaces that may be contaminated with flu viruses. These everyday actions can help reduce your chances of getting sick and prevent the spread of germs to others if you are sick. However, a yearly flu vaccine is the best way to prevent flu illness.

## If your child is sick

### What can I do if my child gets sick?

**Talk to your doctor early if you are worried about your child's illness.**

Make sure your child gets plenty of rest and drinks enough fluids.

If your child is 5 years or older and does not have a long-term health problems and gets flu symptoms, including a fever and/or cough, consult your doctor as needed.

Children younger than 5 years of age – especially those younger than 2 years – and children with certain long-term health problems (including asthma, diabetes and disorders of the brain or nervous system), are at high risk of serious flu complications. Call your doctor or take your child to the doctor right away if they develop flu symptoms.

### What if my child seems very sick?

Even healthy children can get very sick from flu. If your child is experiencing the following emergency warning signs, you should go to the emergency room:

- Fast breathing or trouble breathing
- Bluish or gray skin color

- Not drinking enough fluids (not going to the bathroom or not making as much urine as they normally do)
- Severe or persistent vomiting
- Not waking up or not interacting
- Being so irritable that the child does not want to be held
- Flu symptoms improve, but then return with fever and worse cough
- Fever with rash



### Is there a medicine to treat flu?

Yes. Antiviral drugs are prescription medicines that can be used to treat flu illness. They can shorten your illness and make it milder, and they can prevent serious complications that could result in a hospital stay. Antivirals work best when started during the first 2 days of illness. Antiviral drugs are recommended to treat flu in people who are very sick (for example, people who are in the hospital) or people who are at high risk of serious flu complications who get flu symptoms. Antivirals can be given to children and pregnant women.

### How long can a sick person spread flu to others?

People with flu may be able to infect others from 1 day before getting sick to up to 5 to 7 days after. Severely ill people or young children may be able to spread the flu longer, especially if they still have symptoms.

### Can my child go to school, day care, or camp if he or she is sick?

No. Your child should stay home to rest and to avoid spreading flu to other children or caregivers.

### When can my child go back to school after having flu?

Keep your child home from school, day care, or camp for at least 24 hours after their fever is gone. (The fever should be gone without the use of a fever-reducing medicine.) A fever is defined as 100°F (37.8°C) or higher.

**For more information, visit**

[www.cdc.gov/flu](http://www.cdc.gov/flu)

**or call 800-CDC-INFO**



**U.S. Department of Health and Human Services**  
Centers for Disease Control and Prevention

### Cafeteria Notes—Anne Remington

Please remember to fill out and return the free and reduced school meals application to the cafeteria. A copy is included in this newsletter and also available on our website: [www.alexandriacentral.org](http://www.alexandriacentral.org). Look for the cafeteria section located under "Our District". If your child is eligible for free or reduced lunch, the same will be for breakfast. You may make payments online and check balances on your student's account at: [www.myschoolbucks.com](http://www.myschoolbucks.com). You may also send a payment to school with your child. If you have any restrictions or allergies that you would like noted on your students account, please send a note or call the cafeteria at 315-482-9971 ext. 9.

#### 2018-2019 INCOME ELIGIBILITY GUIDELINES FOR FREE AND REDUCED PRICE MEALS OR FREE MILK REDUCED PRICE ELIGIBILITY INCOME CHART

Total Family Size	Annual	Monthly	Twice per Month	Every Two Weeks	Weekly
1	\$22,459	\$1,872	\$936	\$864	\$432
2	\$30,451	\$2,538	\$1,269	\$1,172	\$586
3	\$38,443	\$3,204	\$1,602	\$1,479	\$740
4	\$46,435	\$3,870	\$1,935	\$1,786	\$893
5	\$54,427	\$4,536	\$2,268	\$2,094	\$1,047
6	\$62,419	\$5,202	\$2,601	\$2,401	\$1,201
7	\$70,411	\$5,868	\$2,934	\$2,709	\$1,355
8	\$78,403	\$6,534	\$3,267	\$3,016	\$1,508
*Each add'l person add	\$7,992	\$666	\$333	\$308	\$154

**How to Apply:** To get free or reduced price meals for your children carefully **complete** one application for your household and return it to the designated office. If you now receive Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance to Needy Families (TANF) for any children, or participate in the Food Distribution Program on Indian Reservations (FDPIR), the application must include the children's names, the household SNAP, TANF or FDPIR **case number** and the signature of an adult household member. All children should be listed on the same application. If you do not list a SNAP, TANF or FDPIR case number, the application must include the names of everyone in the household, the amount of income each household member, and how often it is received and where it comes from. It must include the signature of an adult household member and the last four digits of that adult's social security number, or check the box if the adult does not have a social security number. An application that is not complete cannot be approved. Contact your local Department of Social Services for your SNAP or TANF **case number** or complete the income portion of the application. No application is necessary if the household was notified by the SFA their children have been directly certified. If the household is not sure if their children have been directly certified, the household should contact the school.

**Reporting Changes:** The benefits that you are approved for at the time of application are effective for the entire school year. You no longer need to report changes for an increase in income or decrease in household size, or if you no longer receive SNAP.

**Income Exclusions:** The value of any child care provided or arranged, or any amount received as payment for such child care or reimbursement for costs incurred for such care under the Child Care Development (Block Grant) Fund should not be considered as income for this program.

**Nondiscrimination Statement:** This explains what to do if you believe you have been treated unfairly.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html). and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider.

**Meal Service to Children With Disabilities:** Federal regulations require schools and institutions to serve meals at no extra charge to children with a disability which may restrict their diet. A student with a disability is defined in 7CFR Part 15b.3 of Federal regulations, as one who has a physical or mental impairment which substantially limits one or more major life activities. Major life activities are defined to include functions such as caring for one's self, performing manual tasks, walking, seeing, hearing, speaking, breathing, learning, and working. You must request the special meals from the school and provide the school with medical certification from a medical doctor. If you believe your child needs substitutions because of a disability, please get in touch with us for further information, as there is specific information that the medical certification must contain.

**Confidentiality:** The United States Department of Agriculture has approved the release of students names and eligibility status, without parent/guardian consent, to persons directly connected with the administration or enforcement of federal education programs such as Title I and the National Assessment of Educational Progress (NAEP), which are United States Department of Education programs used to determine areas such as the allocation of funds to schools, to evaluate socioeconomic status of the school's attendance area, and to assess educational progress. Information may also be released to State health or State education programs administered by the State agency or local education agency, provided the State or local education agency administers the program, and federal State or local nutrition programs similar to the National School Lunch Program. Additionally, all information contained in the free and reduced price application may be released to persons directly connected with the administration or enforcement of programs authorized under the National School Lunch Act (NSLA) or Child Nutrition Act (CNA); including the National School Lunch and School Breakfast Programs, the Special Milk Program, the Child and Adult Care Food Program, Summer Food Service Program and the Special Supplemental Nutrition Program for Women Infants and Children (WIC); the Comptroller General of the United States for audit purposes, and federal, State or local law enforcement officials investigating alleged violation of the programs under the NSLA or CNA.

**Reapplication:** You may apply for benefits any time during the school year. Also, if you are not eligible now, but during the school year become unemployed, have a decrease in household income, or an increase in family size you may request and complete an application at that time.

The disclosure of eligibility information not specifically authorized by the NSLA requires a written consent statement from the parent/guardian. We will let you know when your application is approved or denied.



Sincerely, Christopher Clapper, Superintendent

Date Withdrew \_\_\_\_\_

Attachment Va F \_\_\_ R \_\_\_ D \_\_\_

### 2018-2019 Application for Free and Reduced Price School Meals/Milk

To apply for free and reduced price meals for your children, read the instructions on the back, complete **only one** form for your household, sign your name and **return it to the address listed below**. Call 315-482-9971 ext. 9 if you need help. Additional names may be listed on a separate paper.

**Return Completed Applications to:** **Alexandria Central School**  
**34 Bolton Ave.**  
**Alexandria Bay, NY 13607**

1. List all children in your household who attend school:

Student Name	School	Grade/Teacher	Foster Child	Homeless Migrant, Runaway
			<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>

2. SNAP/TANF/FDPIR Benefits:

If anyone in your household receives either SNAP, TANF or FDPIR benefits, list their name and CASE # here. **Skip to Part 4, and sign the application.**

Name: \_\_\_\_\_ CASE #: \_\_\_\_\_

3. Report all income for ALL Household Members (Skip this step if you answered 'yes' to step 2)

**All Household Members (including yourself and all children that have income).**

List all Household members not listed in Step 1 (including yourself) **even if they do not receive income**. For each Household Member listed, if they do receive income, report total income for each source in whole dollars only. If they do not receive income from any other source, write '0'. If you enter '0' or leave any field blank, you are certifying (promising) that there is no income to report.

Name of household member	Earnings from work before deductions <i>Amount / How Often</i>	Child Support, Alimony <i>Amount / How Often</i>	Pensions, Retirement Payments <i>Amount / How Often</i>	Other Income, Social Security <i>Amount / How Often</i>	No Income
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>

Total Household Members (Children and Adults)

\*Last Four Digits of Social Security Number: XXX-XX-\_\_ \_\_ \_\_ \_\_

I do not have a SS#

"When completing section 3, an adult household member must provide the last four digits of their Social Security Number (SS#), or mark the "I do not have a SS box" before the application can be approved.

4. Signature: An adult household member must sign this application before it can be approved.

I certify (promise) that all the information on this application is true and that all income is reported. I understand that the information is being given so the school will get federal funds; the school officials may verify the information and if I purposely give false information, I may be prosecuted under applicable State and federal laws, and my children may lose meal benefits.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Email Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Home Address: \_\_\_\_\_

5. Ethnicity and Race are optional; responding to this section does not affect your children's eligibility for free or reduced price meals.

Ethnicity:  Hispanic or Latino  Not Hispanic or Latino

Race:  American Indian or Alaskan Native  Asian  Black or African American  Native Hawaiian or Other Pacific Island  White

#### DO NOT WRITE BELOW THIS LINE – FOR SCHOOL USE ONLY

Annual Income Conversion (Only convert when multiple income frequencies are reported on application)  
Weekly X 52; Every Two Weeks (bi-weekly) X 26; Twice Per Month X 24; Monthly X 12

SNAP/TANF/Foster

Income Household: Total Household Income/How Often: \_\_\_\_\_ / \_\_\_\_\_ Household Size: \_\_\_\_\_

Free Meals  Reduced Price Meals  Denied/Paid

Signature of Reviewing Official \_\_\_\_\_ Date Notice Sent: \_\_\_\_\_

## Letter to Parents for School Meal Programs

Dear Parent/Guardian:

Children need healthy meals to learn Alexandria Central offers healthy meals every school day. Breakfast costs **1.15**; lunch costs **[\$2.40]**. Your children may qualify for free meals or for reduced price meals. Reduced price is **\$0.25** for breakfast and **\$0.25** for lunch.

1. **DO I NEED TO FILL OUT AN APPLICATION FOR EACH CHILD?** No. Complete the application to apply for free or reduced price meals. *Use one Free and Reduced Price School Meals Application for all students in your household.* We cannot approve an application that is not complete, so be sure to fill out all required information. Return the completed application to: **[Alexandria Central School 34 Bolton Ave. Alexandria Bay, NY 13607]**.
2. **WHO CAN GET FREE MEALS?** All children in households receiving benefits from **SNAP, the Food Distribution Program on Indian Reservations** or **TANF**, can get free meals regardless of your income. Categorical eligibility for free meal benefits is extended to all children in a household when the application lists an Assistance Program's case number for any household member. Also, your children can get free meals if your household's gross income is within the free limits on the Federal Income Eligibility Guidelines. Households with children who are categorically eligible through an Other Source Categorically Eligible designation, as defined by law, may be eligible for free benefits and should contact the SFA for assistance in receiving benefits.
3. **CAN FOSTER CHILDREN GET FREE MEALS?** Yes, foster children that are under the legal responsibility of a foster care agency or court, are eligible for free meals. Any foster child in the household is eligible for free meals regardless of income. Foster children may also be included as a member of the foster family if the foster family chooses to also apply for benefits for other children. If non-foster children in a foster family are not eligible for free or reduced price meal benefits, an eligible foster child will still receive free benefits.
4. **CAN HOMELESS, RUNAWAY, AND MIGRANT CHILDREN GET FREE MEALS?** Yes, children who meet the definition of homeless, runaway, or migrant qualify for free meals. If you haven't been told your children will get free meals, please call or e-mail Kevin Durr 315-482-9971 ext.3070 [kdurr@acsghosts.org](mailto:kdurr@acsghosts.org)
5. **WHO CAN GET REDUCED PRICE MEALS?** Your children can get low cost meals if your household income is within the reduced price limits on the Federal Eligibility Income Chart, shown on this application.
6. **SHOULD I FILL OUT AN APPLICATION IF I RECEIVED A LETTER THIS SCHOOL YEAR SAYING MY CHILDREN ARE APPROVED FOR FREE MEALS?** Please read the letter you got carefully and follow the instructions. Call the school at **[315-482-9971]** if you have questions.
7. **MY CHILD'S APPLICATION WAS APPROVED LAST YEAR. DO I NEED TO FILL OUT ANOTHER ONE?** Yes. Your child's application is only good for that school year and for the first 30 operating days of this school year. You must send in a new application unless the school told you that your child is eligible for the new school year.
8. **I GET WIC. CAN MY CHILD(REN) GET FREE MEALS?** Children in households participating in WIC may be eligible for free or reduced price meals. Please fill out a FREE/REDUCED PRICE MEAL application.
9. **WILL THE INFORMATION I GIVE BE CHECKED?** Yes and we may also ask you to send written proof.
10. **IF I DON'T QUALIFY NOW, MAY I APPLY LATER?** Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free and reduced price meals if the household income drops below the income limit.
11. **WHAT IF I DISAGREE WITH THE SCHOOL'S DECISION ABOUT MY APPLICATION?** You should talk to school officials. You also may ask for a hearing by calling or writing to: **Christopher Clapper 315-482-9971 email [cclapper@acsghosts.org](mailto:cclapper@acsghosts.org)**
12. **MAY I APPLY IF SOMEONE IN MY HOUSEHOLD IS NOT A U.S. CITIZEN?** Yes. You or your child(ren) do not have to be U.S. citizens to qualify for free or reduced price meals.
13. **WHO SHOULD I INCLUDE AS MEMBERS OF MY HOUSEHOLD?** You must include all people living in your household, related or not (such as grandparents, other relatives, or friends) who share income and expenses. You must include yourself and all children living with you. If you live with other people who are economically independent (for example, people who you do not support, who do not share income with you or your children, and who pay a pro-rated share of expenses), do not include them.
14. **WHAT IF MY INCOME IS NOT ALWAYS THE SAME?** List the amount that you normally receive. For example, if you normally make \$1000 each month, but you missed some work last month and only made \$900, put down that you made \$1000 per month. If you normally get overtime, include it, but do not include it if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.
15. **WE ARE IN THE MILITARY. DO WE INCLUDE OUR HOUSING ALLOWANCE AS INCOME?** If you get an off-base housing allowance, it must be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income.
16. **MY SPOUSE IS DEPLOYED TO A COMBAT ZONE. IS HER COMBAT PAY COUNTED AS INCOME?** No, if the combat pay is received in addition to her basic pay because of her deployment and it wasn't received before she was deployed, combat pay is not counted as income. Contact your school for more information.
17. **MY FAMILY NEEDS MORE HELP. ARE THERE OTHER PROGRAMS WE MIGHT APPLY FOR?** To find out how to apply for **SNAP** or other assistance benefits, contact your local assistance office or call **1-800-342-3009**.

## **FOOD SERVICES POLICY: MEAL CHARGING AND PROHIBITION AGAINST MEAL SHAMING**

### **I. Purpose**

The goal of the Alexandria Central School District is to provide student access to nutritious no- or low-cost meals each school day and to ensure that a pupil whose parent/guardian has unpaid school meal fees is not shamed or treated differently than a pupil whose parent/guardian does not have unpaid meal fees.

Unpaid charges place a large financial burden on our school. The purpose of this policy is to insure compliance with federal requirements for the USDA Child Nutrition Program and to provide oversight and accountability for the collection of outstanding student meal balances to ensure that the student is not stigmatized, distressed, or embarrassed.

The intent of this policy is to establish procedures to address unpaid meal charges throughout the Alexandria Central School District in a way that does not stigmatize, distress, or embarrass students. The provisions of this policy pertain to regular priced reimbursable school lunch meals only. The Alexandria Central School District provides this policy as a courtesy to those students in the event that they forget or lose their money. Charging of items outside of the reimbursable meals (a la carte items, adult meals, Etc) is expressly prohibited.

### **II. Policy**

**Free Meal Benefit** - Free eligible students will be allowed to receive a free lunch meal of their choice each day. A la carte items or other similar items must be paid/prepaid.

**Reduced Meal Benefit** - Reduced eligible students will be allowed to receive a lunch of their choice for \$.25 each day. The charge meals offered to students will be reimbursable meals available to all students, unless the student's parent or Guardian has specifically provided written permission to the school to withhold a meal. Ala carte items or other similar items must be paid/prepaid.

**Full pay students** - Student will pay for meals at the school's published paid meal rate each day. The charge meals offered to students will be reimbursable meals available to all students, unless the student's parent or guardian has specifically provided written permission to the school to withhold a meal. A la carte items or other similar items must be paid/prepaid.

#### **ONGOING STAFF TRAINING:**

- Staff will be trained annually and throughout the year as needed on the procedures for managing meal charges using the NYSED Webinar or the school's training program.
- Staff training includes ongoing eligibility certification for free or reduced price meals.

#### **PARENT NOTIFICATION:**

- Parents/guardians will be notified that a student's meal card or account balance is exhausted and has accrued meal charges within not more than 7 calendar days of the charge and then every 7 calendar days thereafter.

#### **PARENT OUTREACH:**

- Staff will communicate with parents/guardians with 5 or more meal charges to determine eligibility for free or reduced price meals.
- School staff will make two documented attempts to reach out to parents/guardian to complete a meal application in addition to the application and instructions provided in the school enrollment packet.
- School staff will contact the parents/guardians to offer assistance with completion of meal application to determine if there are other issues within the household causing the child to have insufficient funds, offering any other assistance that is appropriate.

#### **MINIMIZING STUDENT DISTRESS:**

- School will not publicly identify or stigmatize any student on the line or discuss any outstanding meal debt in the presence of any other students.

- Students who incur meal charges will not be required to wear a wristband or hand stamp, or to do chores or work to pay for meals.
- Schools will not throw away a meal after it has been served because of the student's inability to pay for the meal or because of previous meal charges.
- Schools will not take any action directed at a pupil to collect unpaid school meal fees.
- Schools will deal directly with parents/guardians regarding unpaid school meal fees.

#### ONGOING ELIGIBILITY CERTIFICATION:

- School staff will conduct direct certification with NYSSIS or using NYSED Roster Upload at least monthly to maximize free eligibility.
- School staff will provide parents/guardians with free and reduced price application and instructions at the beginning of each school year in school enrollment packet.
- School using electronic meal application will provide an explanation of the process in the school enrollment packet and instructions on how to request a paper application at no cost.
- School will provide at least two additional free and reduced price applications throughout the school year to families identified as owing meal charges.
- Schools will use administrative prerogative judiciously, only after using exhaustive efforts to obtain a completed application from the parents/guardians only with available information on family size and income that falls within approvable guidelines.
- Schools will coordinate with the foster, homeless, migrant, runaway coordinators regularly to certify eligible students.

Students/Parents/Guardians may pay for meals in advance via Alexandria Central School District School Lunch Fund. Further details are available on our website at [www.alexandriacentral.org](http://www.alexandriacentral.org). Funds should be maintained in accounts to minimize the possibility that a child may be without meal money on any given day. Any remaining funds for a particular student will be carried over to the next school year, unless otherwise requested.

Refunds for withdrawn and graduating students; a written or emailed request for a refund of any money remaining in their account must be submitted. Students who are graduating at the end of the year will be given the option to transfer to a sibling's account with a written request.

Unclaimed Funds must be requested within one school year. Unclaimed funds will then become the property of Alexandria Central School District Food Service Program.

"In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participation in or administering USDA programs are prohibited from discrimination based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing, or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.aser.usda.gov/complaint\\_filing\\_cust.html](http://www.aser.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992.

Submit your completed form or letter to USDA by:

- 1) Mail: U.S Department of Agriculture  
Office of the Assistant Secretary of Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410
- 2) fax: (202) 690-7442, or
- 3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

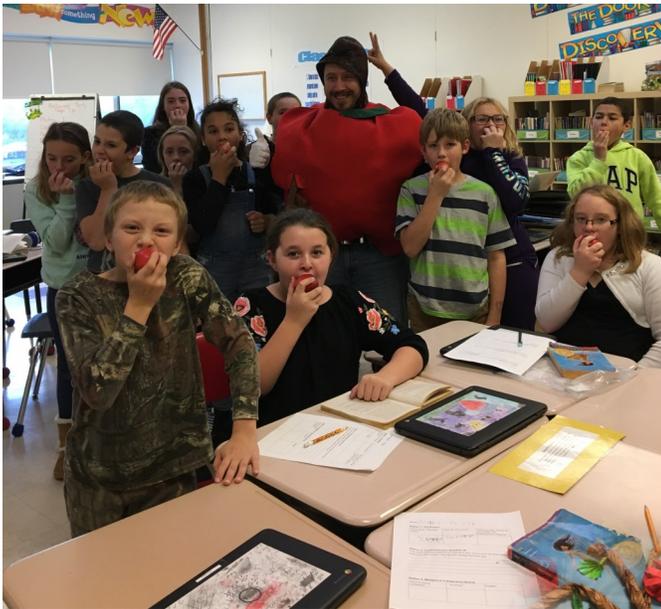
This institution is an equal opportunity provider."

# National Apple Day!



Here's to thee, old apple tree,  
Whence thou mayst bud  
And whence thou mayst blow!  
And whence thou mayst bear apples enow!  
Hats full! Caps full!  
Bushel—bushel—sacks full,  
And my pockets full too! Huzza!

South Hams of Devon, 1871



Thank You

Mrs. Remington & Staff!

Thank You

Mr. Diange!



## AUDITORIUM ETTIQUETTE

Hello ACS friends and family;

Throughout the year, our auditorium will be used for many activities, including:

*Concerts*

*Plays*

*Assemblies*

*Talent Shows*

*Spelling Bees*

*Sports Awards*

*Honor Society Inductions*

*Movies*

*Academic activities*

*And the list goes on and on.*

We ask your cooperation in helping us to keep our auditorium clean, and in creating a positive and respectful atmosphere. To be successful in this venture, we ask all visitors in to the auditorium to please follow these guidelines:

- follow the guidance of all chaperones
- refrain from talking at any point during a performance
- remain seated during performances except at intermission.
- do not enter or exit the auditorium during any part of an event; this is distracting to both performers and to others in the audience.
- refrain from bringing food or drink in to the auditorium
- turn off all cell phones and do not text during performances
- cell phones may be used to video when appropriate, but please do not post videos on social media.
- hats should not be worn while in the audience

PARENTS: We ask that you please be seated with your children so that they are supervised by you.

We thank you for your support as we work to create a positive atmosphere for everyone while in our auditorium.



# MRS. TAYLOR'S MUSIC NEWS!

Hi everyone! There are SO MANY awesome things happening in the music department that I am busting at the seams! This fall brings some awesome events & we are planning for some amazing things down the road, as well! As I type it is October 5<sup>th</sup>, so some of these events will be over with by the time this goes to print, but be proud of our ACS kids for their awesome performances! (And on a side note – Happy birthday today to my son, Zach!!

October 13<sup>th</sup> is the annual *Sing Fling* in Watertown, hosted by Northern Blend (my ladies a cappella group that I direct!) and both *ACS Select Choir* and *Ensemble* will participate in the show! We are super proud to showcase the talented kids in our choir!!

ACS Select Choir  
is Nashville  
bound!



October 19<sup>th</sup> is the annual TALENT SHOW, which is hosted by Select Choir each year. We typically do it in January, but to raise the funds we need to go to Nashville, we are putting more events in the fall so we can go in January! NASHVILLE? What's THAT you say? Yes – Select Choir is going to Nashville Jan. 24 – 27, to compete and perform at the Barbershop Harmony Society's Midwinter Youth Festival! It is an ALL a cappella convention and we are SO excited to go and to represent ACS and our community!! Awesome, right!??

**Friday, NOVEMBER 16<sup>th</sup> at 7:00pm will be the ACS Select Choir BENEFIT CONCERT** at ACS where Select Choir will perform, AND we will have special guests from our community and alumni as well!! Tickets will be available soon, and you will absolutely LOVE the show – I promise!!!

**ALSO - Here are our upcoming concerts for you to add to your calendar!!**

Thursday, Nov. 8<sup>th</sup> – Veteran's Day Concert (7pm)

Tuesday, Dec. 4<sup>th</sup> – Winter Concerts for Grades 1 – 4 (6:30 and 7:30)

Tuesday, Dec. 11<sup>th</sup> – Winter Concert for Grades 5-6 (plus Ensemble!) (7pm)

Thursday, Dec. 13<sup>th</sup> – Winter Concert for grades 7 – 12 (7pm)

I'd also like to recognize one of our Fine Arts student-of-the-month award winners, Miss Cecil Velez! Cecil is a 6<sup>th</sup> grader at ACS who is a star in choral music! Not only is Cecil an amazing singer, she also leads her peers with an outstanding attitude of positivity and kindness! She is in Elementary Chorus, Ensemble (an audition only-group,) and takes private voice with Mrs. Taylor! Cecil also auditioned for ANNIE, being put on by Watertown Lyric Theatre! Out of 111 students to audition, Cecil received a call-back for a lead role and landed the part of Tessy! Only 20 orphans were taken out of that 111! She is going to be AMAZING! If you are able – please go see her at the State Office Building the weekend of Nov. 7-8-9 and cheer her on!!! Way to make ACS and our community proud, girl! FELICIDADES!!



## Alexandria Central School Creates a 1:1 Learning Device Program for all Students

Alexandria Central School is excited to share with the community the implementation of the 1:1 Chromebook initiative this school year, in grades 3-12. During the 2017-18 school year, iPads were assigned to students in grades Pre-K-through 2<sup>nd</sup> grade and Chromebooks were provided to students in grades 3 - 6. During this time, staff started using Chromebook technology for instruction, assignments, projects, research, and assessments in the 3-6 elementary grades and some secondary classrooms. In anticipation of this year's initiative for the full integration of 1:1 devices, staff have participated in various training activities that foster the integration of Chromebook technology into the classroom and nurture powerful new methods of classroom instruction that support problem solving and collaboration between students.



Our students in grades 3-12 have received a Chromebook upon returning to school, while students in Pre-K through 2<sup>nd</sup> grade were assigned an iPad to create a complete 1:1 school environment. As students progress through each grade level, their Chromebook and iPad travel with them. At the conclusion of students 2<sup>nd</sup> and 12<sup>th</sup> grade years, they respectively return their iPad or Chromebook to ACS. All high school students have been provided a Chromebook for use in school, and at home, for educational purposes. In order for students to receive their Chromebook, both they and their parents were required to read and sign an Acceptable Use Policy and Chromebook Damage and Replacement Contract.

Alexandria Central is proud to provide this program at no cost to families for the use of these educational tools; however, everyone must realize and accept responsibility for the care and replacement cost if lost, stolen or damaged.

This is an exciting time for the community, students, and Alexandria Central School. We are moving into a new era! The immediate access to computers and the increased use of computers in education will have a beneficial effect on student learning and achievement. We wish to systematically introduce our students, beginning in 3<sup>rd</sup> grade, to 1:1 Chromebook use that will allow our students the ability to compete globally. This opportunity will help engage students in critical thinking, collaboration, and communication which are all critical 21 century skills.



ACS is pleased to unveil the Maker Space in the 2018-2019 school year. For those unfamiliar with MakerSpaces, it is an open concept lab where people can come and explore their own interests in STEAM: Science, Technology, Engineering, Arts, and Math. It is a student centered space, where students will be able to interact and create with 3D printers, robotics, computer technology, and artistic material.

The MakerSpace will feature a student led Help Desk where students can gain real world technology expertise. High school students will also have the opportunity to become experts with the technology within the MakerSpace and work with staff and younger students to create and make. The space will also feature classes for students and staff throughout the school year. Within this space we hope to create a place where we can move beyond being consumers of technology and instead creators of technology.

We look forward to upcoming school year and working with all students and staff. Additionally, throughout the year we may ask for items that we can use in the MakerSpace that you might normally throw away. Right now we are looking for silica packets (for protecting 3D printing material), fabric (at least 1 yard), and old jeans.

Enthusiastically,  
Lily Gionet & Alycia O'Connor



### Leaf Walk

On October 10, students in grades 4 joined Mr. Richard Campany for a leaf walk. Students collected leaves and learned about local trees. Students then used their leaves to create watercolor paintings with Ms. Hebert. Students also researched information and created posters with Mrs. Tidd.



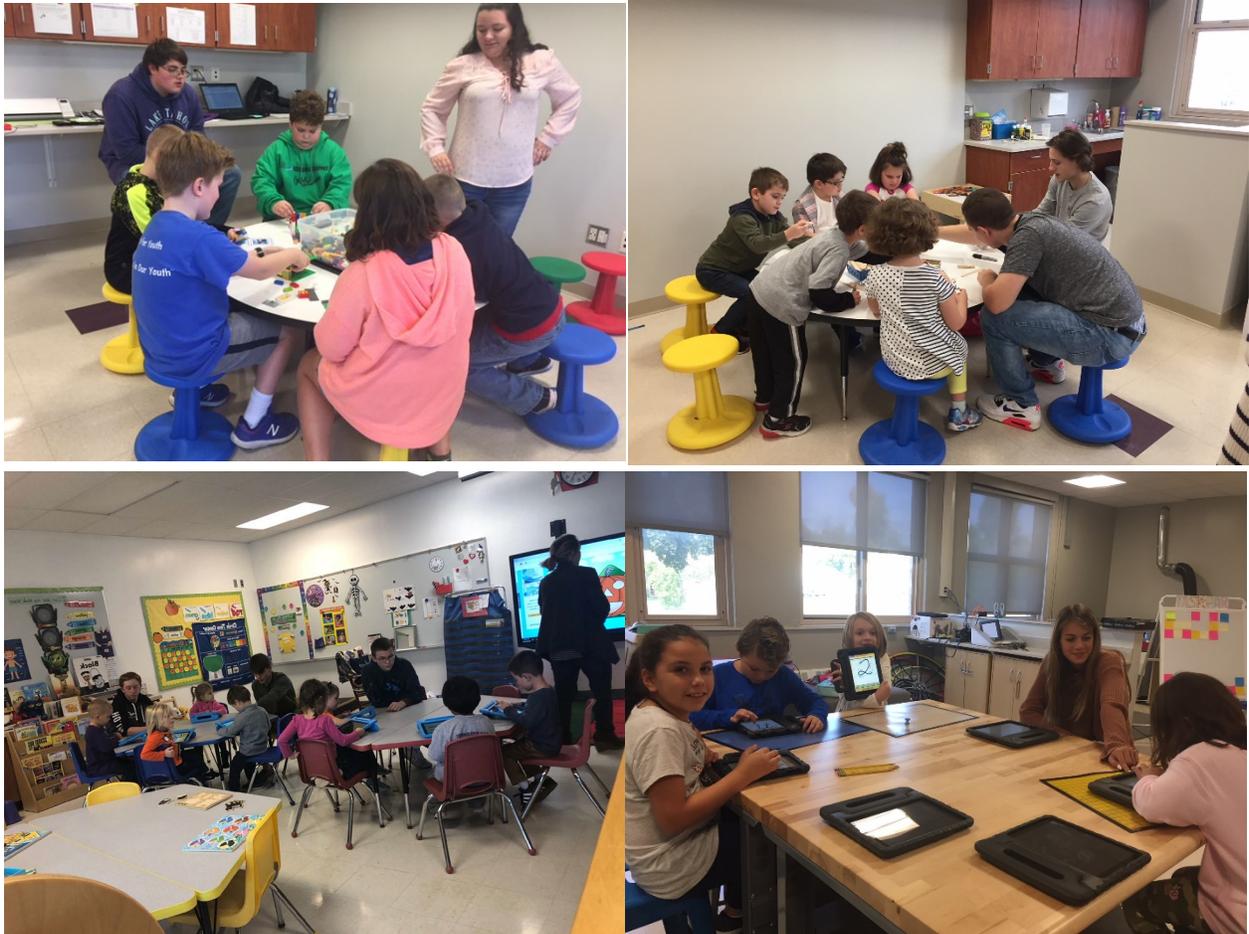
### Scarecrow Contest

On October 30, students in grades Pre-K-4 participated in a scarecrow building contest.



## Elementary and High School Classes

High school students assist with elementary classes in the MakerSpace as well as during classroom instruction time. Students have been using technology to discover programming, numbers, and listening & learning. High School students have been working with 3D printers, technology, the arts, and many other STEAM activities as well as mentoring younger students. .

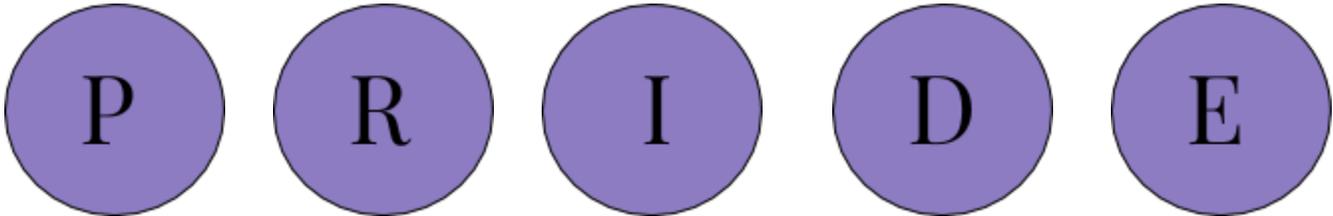


## Haunted Houses

Students in Mrs. VanCour's 5<sup>th</sup> and 6<sup>th</sup> grade math classes worked on building haunted houses for Halloween. The project featured mathematical equations on perimeter and area. Students had to problem solve to make sure their houses were structurally sound.



# ACS Implements PBIS



*I am...  
Positive*

*I am...  
Responsible*

*I demonstrate...  
Integrity*

*I demonstrate...  
Dignity*

*I demonstrate...  
Empathy*

**Team Members:** Kristin Youngs...Co-Coach  
Jared Plantz...Data Analyst  
Dawn VanCour  
Patty Wagoner  
Dan Hammond

Mary Cole...Co-Coach  
Sherry McCarthy...Note Taker  
Justin West  
Todd Marshall  
Hollie Lynch

## What is PBIS?

P = Positive   B = Behavioral   I = Interventions   S = Supports

~ PBIS seeks to reduce or eliminate poor behavior school-wide through the encouragement of positive behaviors.

~ The goal of PBIS is to create a positive school climate, in which students learn and grow.

~ The key to an effective PBIS implementation is an “all-in” mentality among teachers and administrators in a school. For PBIS to produce positive change in a school’s climate, it needs to be employed schoolwide and with consistency.

~ Positive school climate helps students to develop the social and emotional skills they will need to become productive members of society.

~ A successful PBIS framework relies on a commitment from the entire staff, from administration to educators to support staff. It is most effective when adopted schoolwide.

*Prepare students by teaching School-wide Behavior Expectations*



## Dignity For All Students Act (DASA)

Providing a safe school environment, in regards to the mental and physical health of our students and our staff is the most important goal that we have at Alexandria Central. Communication between students, families and staff is paramount to meeting this goal.

### Dignity For All Students Act

The Alexandria Central School Board of Education, administration, and all staff are committed to providing a safe school environment. At Alexandria Central School, students will receive and district personnel will deliver quality educational services without disruption or interference. Responsible behavior by students, teachers, other district personnel, parents and visitors is essential to achieving this goal.

### What is DASA?

The "Dignity for All Students Act" is a New York State law effective July 1, 2012. It is designed to provide a learning environment free of discrimination and harassment. Bullying behaviors may be a larger problem of discrimination and harassment. DASA works to help prevent discrimination and harassment through civility, citizenship and character education.

### What Behaviors Are Reportable?

**Bullying:** A form of harassment that consists of persistent inappropriate behavior that is done indirectly, remotely, or face-to-face.

**Cyber-Bullying:** A form of bullying that is done through electronic communication (i.e. the Internet, cell phones, Facebook, etc.)

**Discrimination:** The denial of rights because of a person's group, class or category to which a person belongs.

**Harassment:** The creation of a hostile environment by conduct or verbal threats, intimidation or abuse that interferes with a student's educational performance.

The Dignity Act states that **NO student shall be subjected to harassment or discrimination by employees or students on school property or at a school function; nor shall any student be subjected to discrimination based on a person's actual or perceived race, color, weight, national origin, ethnic group, religion, religious practice, disability, sexual orientation, gender (including gender identity or expression), or sex by school employees or students on school property or at a school function. (2017)**

Students or parents wishing to file a DASA report may go on to the district homepage and find a Report Link under DASA link on left side of the page.

[Patricia Wagoner](#) is Alexandria Central School's DAC, Dignity Act Coordinator. She may be contacted at [pwagoner@acsghosts.org](mailto:pwagoner@acsghosts.org) or at (315)-482-9971 ext 1590.



## Library News—Mrs. Tidd and Mrs. Millett

Congratulations to the following students who participated in our annual Summer Reading Challenge. In September, participants were recognized during a celebration which included an ice cream party and prizes including a free book! Thank you to everyone that supported our Scholastic Book Fair!

### Kindergarten

Annika Symenow  
Brayden Reyes  
Savannah Lashua

### First Grade

Ava Martin  
Elliana Symenow  
Dustin Reitz  
Audrey Jobson  
Gabrielle McCormick  
Sawyer Hazelton

### Second grade

Ella Williams  
Eric Reitz  
Mary Weldon  
Tyler Frost

### Third Grade

Allison McCormick  
Liam Imbrock  
Grady Symenow  
GiAnna Lucidi  
CeCellia Lucidi

### Fourth Grade

Kaila Orvis  
Eva Croll  
Christopher Gibbs  
Alexandria Burkett  
Michaela Adsit  
Jacob Graveline  
Brody Hilts  
Micah Weldon  
Payton Burns

### Fifth Grade

Brody McCauley  
Theron McCauley  
Max Paranzino  
Antonio Lucidi  
William Weldon  
Kira Dixon  
Abigail Edgar  
Aidan McAloon

### Sixth Grade

Brady Hyde  
Ella Porter

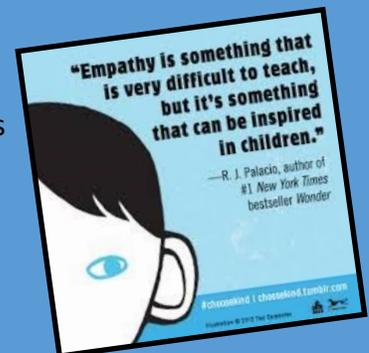


## ***“Choose Kind”***

As a district, we have chosen the concept of CHOOSE KIND as our school-wide philosophy this year. One of the many ways we will be supporting this concept, is by having members of our Support Staff spend time in classrooms teaching social skills.

Mrs. Anita James, school psychologist and Mrs. Patty Wagoner, school counselor, will be visiting primary classrooms each week reading stories, creating activities and role playing. Ms. Kendra Eberle, PIVOT counselor and Mr. Kevin Durr, school counselor will be pushing in to middle level and many secondary classes teaching Life Skills.

We encourage families to support us by using CHOOSE KIND as a topic to discuss with their children at home. With all the chaos on the world, we believe that these two tiny words can be of extreme importance as we work as a community to teach the importance of diversity and acceptance.



**Massey's Furniture Barn donated new books for our school Library!!!!**

**We would like to send them a special "Thank You"!!!**



Community Support!



**We would also like to thank our special friends at the Alexandria Bay Big M!!! Thank you to the Daily & Willix families for the generous donation. The ACS Backpack program received over 40 filled backpacks of food!**

# Alexandria Central School

## National Junior Honor Society Induction

The Sage Chapter of the National Junior Honor Society at Alexandria Central School inducted 22 new members and honored current ninth grade members at the NJHS Induction Ceremony this fall on Wednesday, October 17. Ashlee Ferency, freshman member of the NJHS welcomed the families, administration, faculty, and students, followed by the Pledge of Allegiance led by freshman member, Alex Fansler. Mrs. Kylie Morgia, Principal, congratulated the students and their guardians on setting and achieving high standards.

The formal induction ceremony began with freshman member, Brock Hunter, lighting the flame of knowledge. Four fellow freshmen, Emmalee Madison Savage, and Andrea lighting the candles of scholarship and character and reviewed the candidates. Mrs. Kylie Plantz, Dean of Students, National Junior Honor Society new candidates with the cards and certificates. Freshridge, administered the National Pledge for the new candidates. The current ninth grade members were also presented with honor certificates in recognition of their continued scholarship and dedication.



White, Jack Bridenbaker, Patterson, continued by arship, service, leadership, each of the four qualities for Morgia, Principal, Mrs. Jared and Mrs. Hayley Ascough, ty Adviser, presented the proper insignia, membership men member, Michael National Junior Honor Society dates. The current ninth

The National Junior Honor Society Chapter designates that any members of eighth and ninth grades will be eligible for membership. NJHS members must maintain an 88 overall average and participate in school and community activities. Each Friday, the NJHS members collect funds from the Faculty and Staff for the "Denim Day Patrol". The funds are donated to various community groups and organizations in Alexandria Bay and Jefferson County. Many individuals also volunteer to participate in other school and community efforts such as the FFA Adopt-a-Highway, Community Clean-Up Day, church activities and PACE fundraisers.

A special thanks goes out to Mr. Darin Trickey and his custodial staff for all their help in setting up for the event, Mrs. Anne Remington and her cafeteria staff for their delicious cookies and refreshments for students, family, and friends following the induction, Mrs. Tasha Jeffers for taking pictures of the event, and National Honor Society students Taydan Jeffers, Lindsey Monica, Taylor Calhoun, and Emily Davis for helping the event run smoothly.



### New Inductees:

Kayden Anderson, Katharina Probst,  
Rylan Ash, Quinlyn Reed,  
Breanna Booth, Felicity Roberts,  
Ethan Brennan, Emma Stine,  
Kayla Felder, Jourdyn Tournay,  
Drew Ferency, Kierstyn Travers,  
Robert Gibbs, Cassandra  
VanBrocklin, Adrienne Hyde,  
Bridget Watson, Colin Hynes,  
Josephine Williams, Megan Monica,  
Natiley Ortega, Ronaldo Prophete,  
Andre Renner

### Current Members:

Xandyr Brennan, Andrea Patterson,  
Jack Bridenbaker, Madison Savage,  
Alex Fansler, Emily Sutton,  
Ashlee Ferency, Terin Thomson,  
Brock Hunter, Emmalee White



# FFA News

## FFA Blood Drive 2018

On November 1st, the Alexandria Bay FFA Chapter hosted its annual blood drive in the high school gymnasium at the school. This year students, staff and the community were able to donate 39 pints of blood to the American Red Cross of Central New York. In all, 23 students and 6 staff donated. These included MacKenzie Hyde, Vanessa Rushlow, Brad Klock, Emma Lynch, Erina Haddock, Blake Hunter, Mason Gorman, Stephanie Martin, Logan Correa, Noah Grove, Landon McCauley, Dylan Matice, Haylee Baker, Jenna Leshkevich, Colby Burrows, Lorne Recore, Payton Smith, Payton Ridley, Grace Goerger, Jack Ely, Gabi Conner, Dylan O'Connor, and Donovan Sweetland. Staff who donated included Mrs. Eberle, Ms. Lowe, Mrs. Aubertine, Mrs. Coon, Mrs. Duclan, and Mr. McCarthy. There were also walk-ins from the community as well as alumni donating. Many thanks to all of our student volunteers, without whom this drive would not have gone so smoothly.

## Alexandria Bay FFA attends National FFA Convention

On October 21st-27th, Alexandria Bay FFA members Vanessa Rushlow, Shawn Mason, and Andrea Patterson along with Advisor Mr. Matt Greene, traveled to Indianapolis, Indiana to participate in FFA's 91st national convention. Joining the member from Alex Bay were students from Belleville Henderson, Indian River, Gouverneur, Marathon, and Spencer VanEtten. Members from all over the country gathered in one place to celebrate. Our members got the opportunity to have many great agricultural experiences such as touring the University of Findlay in Ohio, a cattle show farm, Ozarks fishery, a swine boar stud farm, and touring Caterpillar equipment and John Deere Seed Works. At the Convention, over 65,000 FFA members and guests participated in a variety of activities including: workshops, industry trade shows, motivational speeches, tours, rodeos, a concert by country music legend Garth Brooks, an address by Secretary of Agriculture Sonny Perdue, and a speech by President Donald Trump. Each year, the national FFA extends an invite to the current president and for only the 3rd time in over 40 years, the leader of the United States of America visited the convention to give an address lasting over an hour.

Seven days and five states later, FFA members from Alexandria Bay return with an experience that they will not soon forget!





## Alexandria Central Sports



We just finished a successful fall sports season. We are now beginning our winter sports season. Our winter sports include boys and girls basketball, girls ice hockey, and boys and girls bowling. The teams' schedules can be viewed through our school website. Click on "Extracurricular", "Athletics", and then "Athletic Schedule." This will take you to the website, [www.ScheduleGalaxy.com](http://www.ScheduleGalaxy.com). Here you will find the most up to date schedules for every sports team. Come out and support Alexandria Central athletics!



### ACS Sports Booster Club

Thank you for your interest in the ACS Sports Booster Club! We are a brand new organization composed of parents, staff and community members, whose mission is to unite the local community in supporting the Alexandria Central School athletics department, while recognizing the importance that athletics play in student development and morale.

With your help and membership, we hope to be up and running during the 2018-2019 school year and begin fundraising to supplement the Alexandria Central Athletic Department budget in meeting the needs of the sports teams. We are hoping to be able to help with things such as new uniforms, upgrades to outdated equipment, and improvements to ACS grounds and facilities.

Our first order of business will be a membership drive to gain support throughout the community and to find motivated people to contribute ideas and volunteer their time to help move this organization toward its goals. Please consider becoming a member of the ACS Sports Booster Club for the yearly dues amount of \$10. As a dues paying member you will qualify to run for officer/board member positions, vote in these elections and voice your opinions on business taken on by the club at regular meetings.

Although we are still in the early stages of setting up this organization, we have established a board, written and approved bylaws and are working toward a non-profit status. We have many fundraising ideas including: School Spirit Store, Concessions at sports games, Fundraising Dinners and Community Can Drives but welcome any fundraising ideas from the community.

#### HOW CAN YOU HELP?

Good question! You can like us and follow us on Facebook [@ACSSportsBooster](https://www.facebook.com/ACSSportsBooster) and look for volunteer opportunities and fundraising events! You can become a dues paying member and contribute at our meetings. You can email [ACSSportsBooster-Club@gmail.com](mailto:ACSSportsBooster-Club@gmail.com) with questions or ideas. We encourage everyone to support sport booster fundraisers. We hope to see you all at booster club fundraisers in the near future!

Thank You,

#### ACS Sports Booster Club

President – Christine Lingenfelter

Vice President – Joshua Cullen

Secretary – Caryn White

Treasurer – Barbara Edgar

Board Members – Chris Bain, Lori Felder, Sherona Ryder, Shane Simpson, Chad White, Katie Williams



## P.A.C.E - Partners in Alexandria Central Education

**Welcome to PACE!** We are a community based organization that focuses on supporting our students and staff here at AlexandriaCentral School! We are looking for more members to join our team!

### What we do:

- Supply purple pride t-shirts for purple pride participation
- Supply refreshments for events (graduations, honor society, etc.)
- Fund many costly field trips
- Fund author visits
- Host contests and fund prizes for students (Box Top race pizza party, candy corn count, turkey coloring contest, door decorating, etc.)
- Run the Box Top drive
- Host teacher's appreciation luncheon
- Host community dinners including a Veteran's celebration
- Host the Scholastic Book Fairs ....**plus so much more!**

### How do we do this?

We rely on fundraisers and volunteers to help pull all this together! This school year we will be fundraising with Cherrydale. We have partnered with Cherrydale for many years and it typically brings in around \$5,000 for our school!

### How can you help?

Well we are glad you asked! Participation in the Cherrydale fundraiser is a great start. Even the sale of one single item adds to our funds! Consider joining PACE and attending meetings! We need volunteers and fresh ideas! **Like and Follow ACS PACE on Facebook** for updates and events.

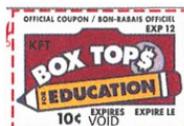
### What will PACE be doing this year?

**PLAYGROUND RENOVATIONS!!!!** PACE would like to get the ball rolling to start a long term fundraising project to renovate our playground! A playground remodel is long overdue and a very costly venture. We are looking for some fresh ideas for fundraising and volunteers to help bring this project together. This will not happen overnight but we would like to start the process. It will likely take many years to accomplish but every journey begins with a single step. Please consider helping and supporting PACE at any level! **WE NEED YOU!**

## Box Tops for Education

Alexandria Central has been running successful Box Top drives for many years. Each year students bring in Box Tops totaling nearly \$1000. Box Tops can be found on hundreds of items including groceries, paper products, office and school supplies. You can help by clipping or tearing off the Box Tops and sending them into school with your child in a baggie with their classroom teachers name on it.

Box Tops look like this:



Although Box Tops can be turned in at any point all year long, P.A.C.E will be hosting 2 box top drives this year! **We will hold elementary classroom box top drives in the month of January and the month of May.** The classroom that brings in the most Box Tops during the drives will be rewarded by P.A.C.E. Last year Mr. Goodwin's 3<sup>rd</sup> grade class won a pizza party for bringing in 1,524 box tops during the 2018 May Box Top drive. The 2018 May Box Top drive collected a grand total of 8,581 box tops which equals \$858.10! Every box top counts as 10 cents in cash for our school. We had a very tight race last year. Please clip them at every opportunity.

Please be aware that Box Tops have **EXPIRATION DATES**. Please try and sort out any that are not current. **Expired Box Tops cannot be submitted.** P.A.C.E volunteers' carefully clip, sort, and count them. It takes a lot of volunteer hours to make this all happen! Anybody who would like to volunteer to help count box tops should contact Sherona Ryder, Box Top Coordinator via email at [sheronaceterski@gmail.com](mailto:sheronaceterski@gmail.com)

*ACS Sports Booster Club wants to thank those that came out and supported the first Athlete's Recognition Dinner the night of the sports awards. We will be hosting a Athlete's Recognition Dinner that will coincide with each sports season. The dinner will be on the same night as the sports awards banquet.*





2018 Modified Soccer



2018 JV Soccer

# 2018 Fall Sports Awards



2018 Sportsmanship Award



2018 Varsity Girls Soccer



2018 Modified Boys Soccer



2018 Varsity Boys Soccer

# ACS Spirit Day



# *And the Spirit Day FUN continues...*



*There is always time for PIE in the FACE!*

# 2018 Fall Senior Night!



# Fire Prevention Day

Wednesday, October 17, 2018

*- Alexandria Central School District would like to thank all of the volunteers at the Alexandria Volunteer Fire Department. We appreciate the time you spent to teach*





# Fall Fun!

Thank you to the Makerspace for organizing and all of the classes and students for participating!



# ACS Pumpkin Patch



Thank you  
Mr. Petrie!!!



# Halloween 2018



## Where's Waldo?





Alexandria Central School  
District Calendar  
November 2018—June 2019



# November 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 Parent-Teacher Conferences 2:15-3:15	3
4 	5 Parent-Teacher Conferences: 12-7pm No school for students Fall Sports Awards -7pm Book Fair begins	6  Book Fair	7 PACE Meeting 6pm  Book Fair	8  Veterans Day Concert 7 pm	9 French Club Cookie Dough Fundraiser ends  End of 10 weeks	10
11	12  Veterans Day no school	13	14 Workforce 20/20 (Juniors & BOCES Students)	15  Report Cards distributed	16  Select Choir Benefit Concert 7pm JCC Open House	17
18 	19	20  Girls Hockey vs. Potsdam 6:30 pm	21  No school	22 No School <b>Happy Thanksgiving</b> 	23 No School	24
25	26  Boys JV & Varsity Bball vs. Belleville 6pm / 8pm	27 School Board Meeting 7pm Girls JV & Varsity Bball @ Belleville 6 pm/ 8pm	28 Boys JV/Varsity Bball @ Lisbon 5:30 pm/7:30 pm Girls Hockey @ Skaneateles 7 pm	29  Girls JV & Varsity Bball vs. Lyme 6 pm / 8 pm	30 Boys JV & Varsity Bball @ Lyme 6 pm / 8 pm Girls Hockey @ Saranac/Lake Placid	



# DECEMBER 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 Music concert Gr 1&2 - 6:30pm Gr 3&4 - 7pm Girls JV/Varsity Bball @ LCS 6 pm/8 pm	5 PACE Meeting 6 pm  Boys JV / Varsity Bball @ LCS 6 pm /8pm Girls Hockey vs. Massena 6 pm	6  Girls JV/Varsity Bball vs. Sackets 6 pm / 8 pm	7 Oratorical Contest  Boys JV/Varsity Bball vs. Sackets 6 pm / 8 pm Girls Hockey @ Ithaca 7 pm	8
9	10	11 Elementary Chorus, Ensemble & Gr 5-6 Band Concert 7 pm  Girls JV/Varsity Bball @Copenhagen 5:30 pm / 7:30 pm Boys JV/Varsity vs. Copenhagen 6 pm / 8 pm	12  Girls Hockey vs. Oswego 7pm	13 Grade 7-12 Concert (Concert Choir, Con- cert Band, Select & Wind Ensemble) Girls JV/Varsity Bball vs. Beaver River 6 pm/8 pm	14 End of 15 weeks Boys JV/Varsity Bball @ Beaver River 6 pm / 8 pm Girls Hockey vs. Salmon River 6:30 pm Holiday Ball Gr. 5-8 6 pm—9 pm	15
16	17 Spirit Week begins	18 School Board Meeting 7pm Girls JV/Varsity Bball @ Sandy Creek 6pm/8 pm Boys JV/Varsity Bball vs. Sandy Creek 6 pm /8 pm	19  Girls Hockey vs. Skaneateles 7 pm	20 15 week reports Distributed  Girls JV/Varsity Bball vs. T.I. 6 pm / 8 pm	21 Pep Assembly Elementary Christmas parties Boys JV/Varsity Bball @ T.I. 6pm/8pm Girls Hockey vs. Ithaca 6:30 pm	22
23	24 Holiday Vacation No School	25 Holiday Vacation No School Merry Christmas	26 Holiday Vacation No School 	27 Holiday Vacation No School	28 Holiday Vacation No School	29



Be the  
Reason  
Someone  
Smiles  
today



# January 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 New Years Day no school  	2 Holiday vacation no school  Girls Hockey vs. Canton 6 pm	3 Holiday vacation no School  Boys JV/Varsity Bball vs. South Lewis 6 pm/8pm	4 Holiday vacation no school Girls JV/Varsity Bball @ South Lewis 6 pm/ 8pm Girls Hockey @ Clinton 7:30 pm	5  Eric Hutchinson Memorial Hockey Tournament
6 Eric Hutchinson Memorial Hockey Tournament	7 School resumes	8 Boys JV/Varsity Bball @Belleville 6pm/8pm Girls Hockey @ Massena 5:30 pm	9 PACE Meeting 6pm Girls JV/Varsity Bball vs. Belleville 6pm/8pm	10 Girls Hockey @ Oswego 7 pm	11 Boys JV/Varsity Bball @ Norwood— Norfold 5:30pm/7:30 pm	12
13	14 Girls JV/Varsity Bball @Lyme 6pm/8pm	15 Boys JV/Varsity Bball vs. Lyme 6 pm / 8pm	16 Girls JV/Varsity Bball vs. Lisbon 6 pm /8 pm Girls Hockey @ Pots- dam 6:30 pm	17	18 PLAN Exam-10th gr. Girls JV/Varsity Bball vs. Morriston 6pm/8pm Girls Hockey vs. Clinton 7pm	19 
20	21 Martin Luther King Day—no school  Girls Hockey vs. Malone 12 pm	22 Regents testing  School Board Meeting 7pm	23 Regents testing  Girls JV/Varsity Bball @Morristown 5:30 pm /7:30 pm	24 Regents testing  Select Choir trip to Nashville (through Jan 27)	25 Regents testing  End of 20 weeks	26 Coaches vs. Cancer Games (LCS) Girls JV Bball 11 am Boys JV Bball 12:45 pm Girls Varsity Bball 2 pm Boys Varsity Bball 4:15 pm Girls Hockey @ Salmon River 6 pm
27	28	29 Boys JV/Varsity Bball vs. Sackets 6 pm /8 pm	30 Girls JV/Varsity Bball @ Sackets 6 pm/8pm	31 Report Cards Distributed Boys JV/Varsity Bball @ Copenhagen 5:30 pm/7:30 pm	Girls JV/Varsity Bball vs. Copenhagen 5:30 pm /7:30 pm	



# February 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6 PACE Meeting 6pm	7	8	9
10	11	12	13	14 Valentines Day - Elementary classroom parties 	15	16
17 	18 Winter Break  President's Day	19 Winter Break	20 Winter Break	21 Winter Break	22 Winter Break	23 
24	25 School Resumes	26 School Board Meeting 7pm	27	28 		



Be the  
**RAINBOW**  
 in  
 someone else's  
 cloud  
 - Maya Angelou



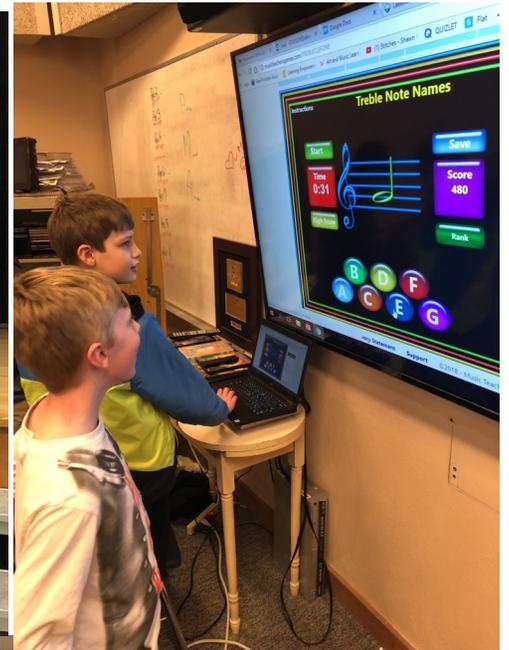
♥ Headed to Beaver Camp with 30 crazy freshmen! ♥



# March 2019



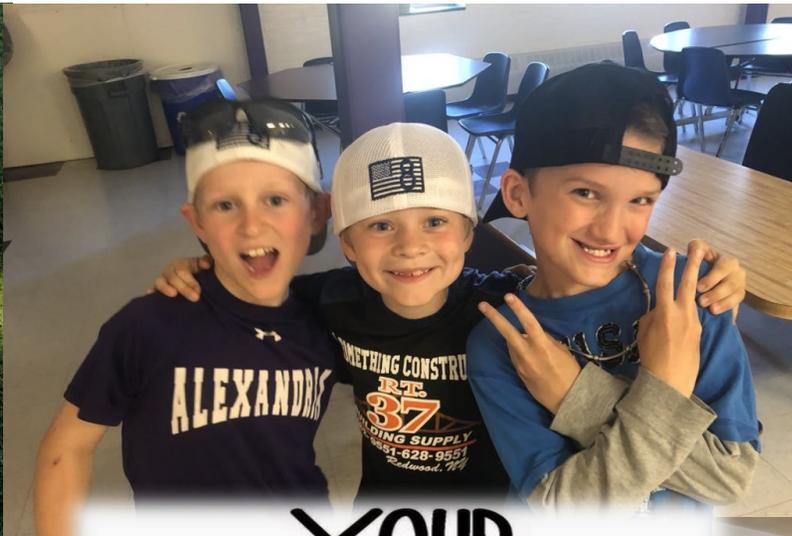
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 Odyssey of the Mind Regional Competition
3	4	5 Winter Sports Awards 6:30pm 	6 PACE Meeting 6pm	7 	8 End of 25 weeks Winter Carnival	9 Iron Chef Competition @ Potsdam Middle School
10	11	12	13	14 25 week reports distributed Spring Musical 7pm	15 Parent-Teacher Con- ferences: 12:15-3:15 Half day for students Spring Musical 7pm	16 Spring Musical: 2pm & 7pm
17 St. Patricks Day 	18	19	20	21	22	23 Odyssey of the Mind State Competition
24	25	26 Board Meeting 7pm	27	28	29	30
31						



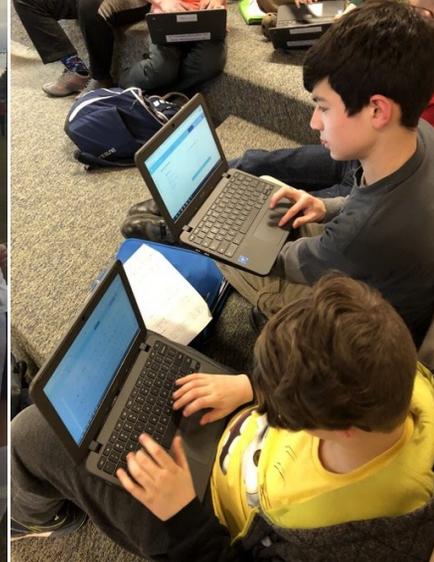
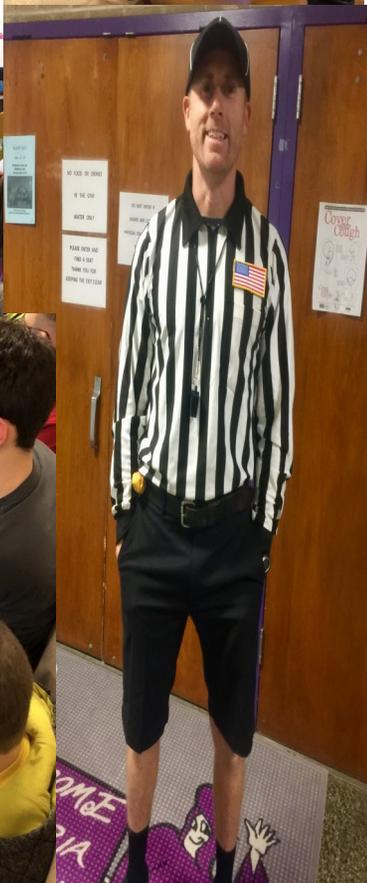
# April 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Gr 3-5 ELA testing	3 Gr 3-5 ELA testing VB BB/VG SB @ LCS 4:30 pm PACE Meeting 6pm	4 Gr 6-8 ELA testing Boys Tennis @ IHC 4:30 pm	5 Gr 6-8 ELA testing VB BB/VG SB vs Lyme 4:30 pm JVG @ Lyme 4:30 End of 30 weeks	6
7	8 VB BB/VG SB vs. Sandy Creek 4:30 JVG vs LCS 4:30	9 Boys Tennis vs. Watertown 4:30	10 VB BB/VG SB @TI 4:30 JVG vs Beaver River 4:30	11 FFA Banquet 6pm Boys Tennis @ Low- eville 4:30 Report cards	12 VB BB/VG SB vs South Lewis 4:30 JVG vs. Belleville 4:30	13
14	15 Spring Break 	16 Spring Break	17 Spring Break	18 Spring Break	19 Spring Break	20
21 Easter Sunday 	22 Spring Break	23 School resumes VB BB/VG SB @ Sackets Harbor 4:30 JVG vs. Sackets 4:30 Boys Tennis vs Indian River 4:30	24	25 BOCES Budget Vote School Board Meeting 7pm VB BB/VG SB @ Beaver River 4:30 JVG vs. Beaver River 4:30 Boys Tennis @ Carthage 4:30	26	27 
28	29 VB BB/VG SB vs. Copenhagen 4:30 JVG @ Belleville 4:30	30 Boys Tennis vs. IHC 4:30				



**YOUR**  
**ATTITUDE**  
**DETERMINES YOUR**  
**DIRECTION**



# May 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Gr 3-5 Math State Testing VB BB/VG SB vs. LCS 4:30 JVG vs LCS 4:30 PACE Meeting 6pm	2 Gr 3-5 Math State Testing  Boys Tennis @ Watertown 4:30	3 VB BB / VG SB @ Lyme 4:30 JVG vs. Lyme 4:30	4
5 	6 Gr 6-8 Math State Testing VB BB/VG SB vs Belleville @4:30 JVG @ Belleville 4:30	7 Gr 6-8 Math State Testing  Boys Tennis vs. Loweville 4:30	8 VB BB/VG SB vs Sackets 4:30 JVG @ Sackets 4:30	9 Elementary Chorus (5th & 6th Grade) 7 pm Boys Tennis @ Indian River 4:30	10 End of 35 weeks  VB BB/VG SB @ Copenhagen 4:30	11
12	13	14  Boys Tennis Carthage 4:30	15	16 Music Concerts Gr 1&2 6:30pm Gr 3&4 7:30pm 35 week reports distributed	17	18
19	20   Book Fair	21 School Budget Vote School Board Meeting 7pm  Book Fair	22  Book Fair	23  Book Fair	24	25 
26	27 Memorial Day No school 	28	29	30 Gr 7-12 Choral Concert 7pm	31	



# June 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 Regents Testing Gr 4-8 Science Written Test Global Regents	4 Spring Sports Awards 6:30pm 	5 PACE Meeting 6pm	6	7	8
9	10	11	12	13	14 Flag Day	15
16 	17 Last Day for Students 7-12	18 Regents Testing	19 Regents Testing	20 Regents Testing	21 Regents Testing	22 Regents Testing
23	24 Regents Testing	25 School Board Meeting 7pm	26 Scoring Day Last Day of School End of 10 weeks Senior Awards Night 6 pm	27 Baccalaureate Service 7 pm Elementary Report Cards Distributed	28	29
30						



Alexandria Central School  
34 Bolton Ave.  
Alexandria Bay, NY 13607  
Electronic Service Requested

NONPROFIT  
U.S. Postage Paid  
Alexandria Bay, NY  
Permit No. 9

\*\*\*\*\* ECRWSSEDDM\*\*\*\*\*

Postal Customer

*Board of Education*

*President— Mrs. Jane Aikins*

*Vice President—Mrs. Suzanne Hunter*

*Mrs. Andrea Adsit*

*Mrs. Betty Compeau*

*Mr. Stephen Dreizler*

*Mrs. Christine Lingenfelter*

*Mr. James VanCour*